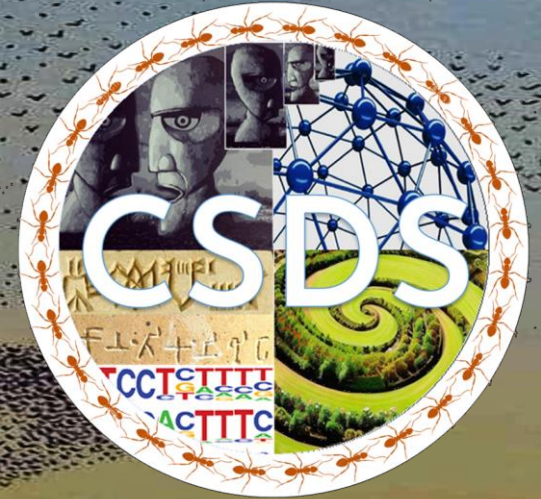


# Life,



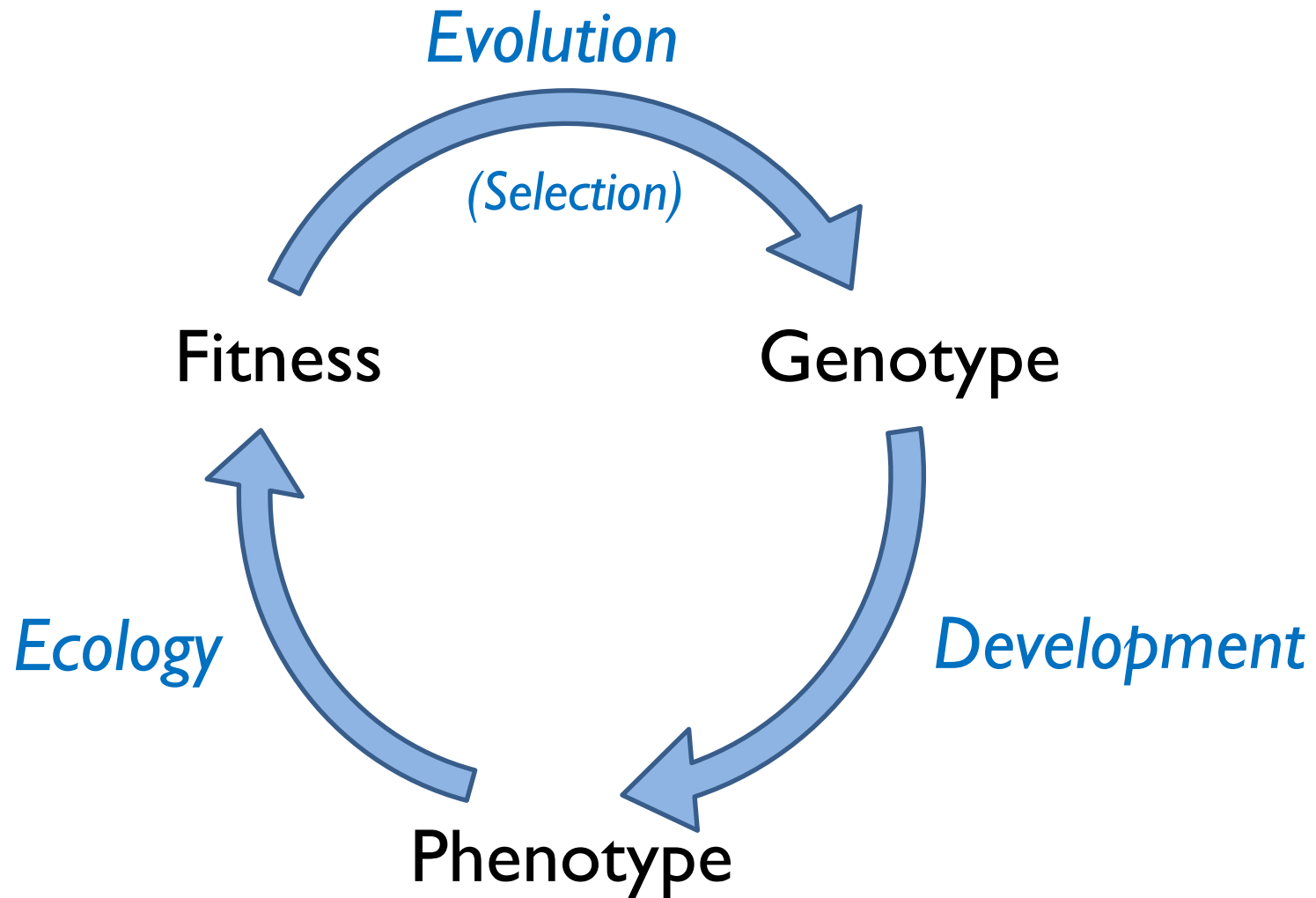
# Or something like it

Sitabhra Sinha

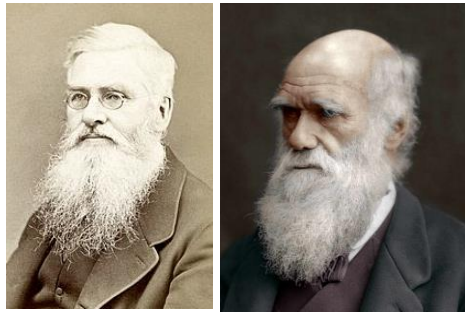
Center for Complex Systems and Data Science  
The Institute of Mathematical Sciences, Chennai

Is there a Grand Unified Theory for Biology ?

# Is there a Grand Unified Theory for Biology ?



# Is there a Grand Unified Theory for Biology ?



individual reproductive  
success

**Fitness**

*Evolution*

*(Selection)*

The complete set of heritable  
characteristics of an organism

**Genotype**

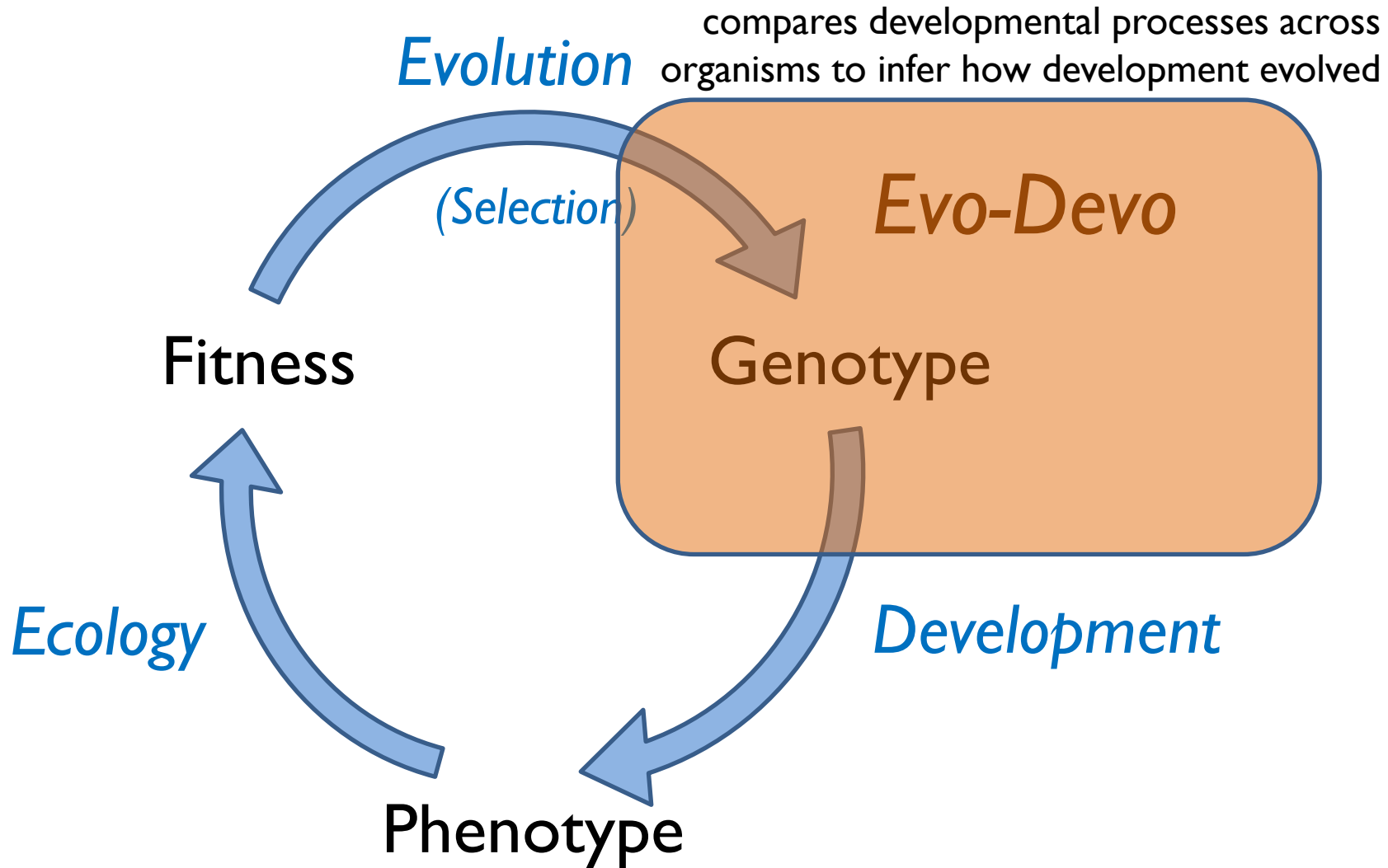
*Ecology*

*Development*

**Phenotype**

observable characteristics/traits of an  
organism, including its morphology or  
physical form and structure

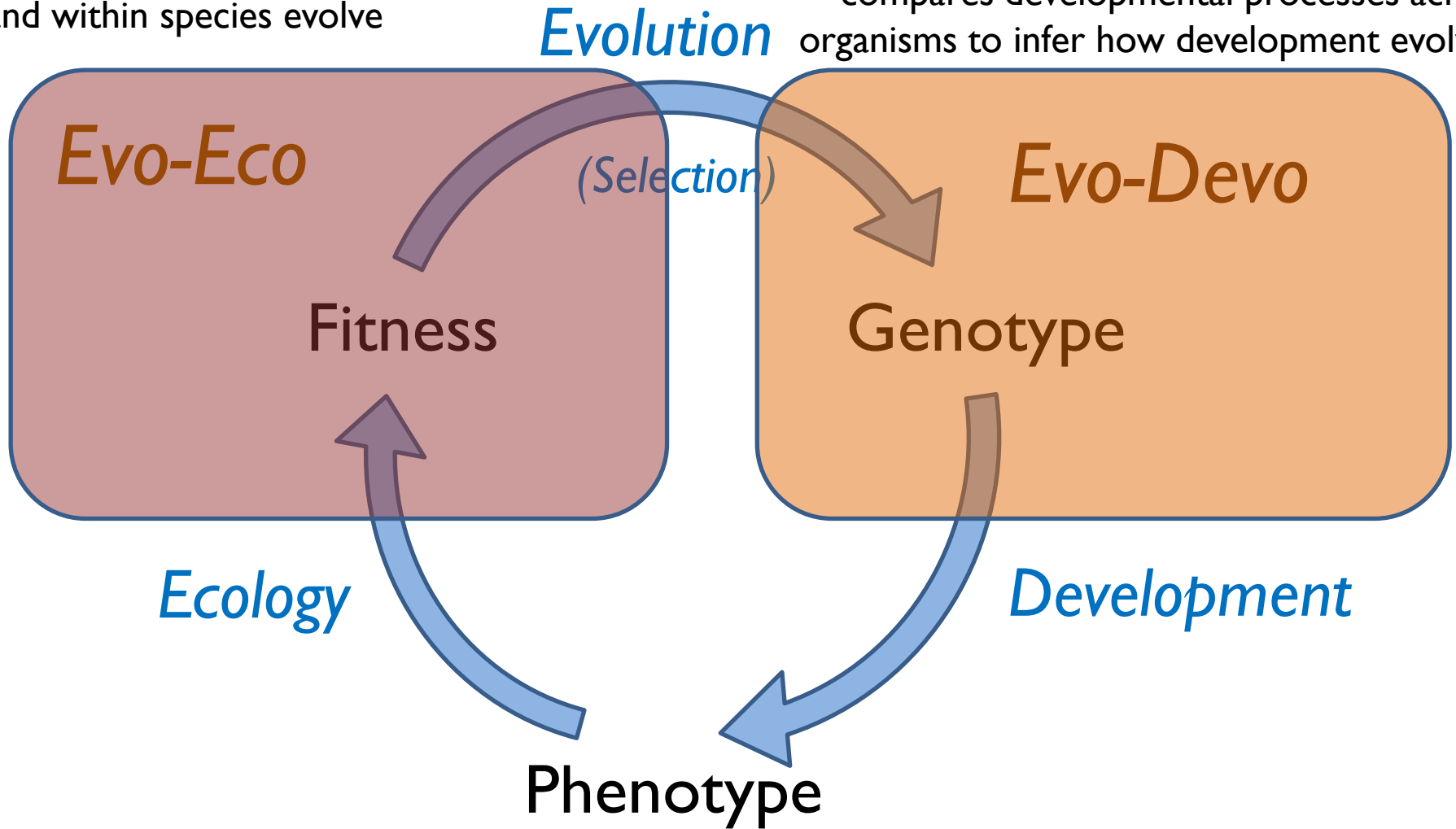
# Is there a Grand Unified Theory for Biology ?



# Is there a Grand Unified Theory for Biology ?

examines how interactions between  
and within species evolve

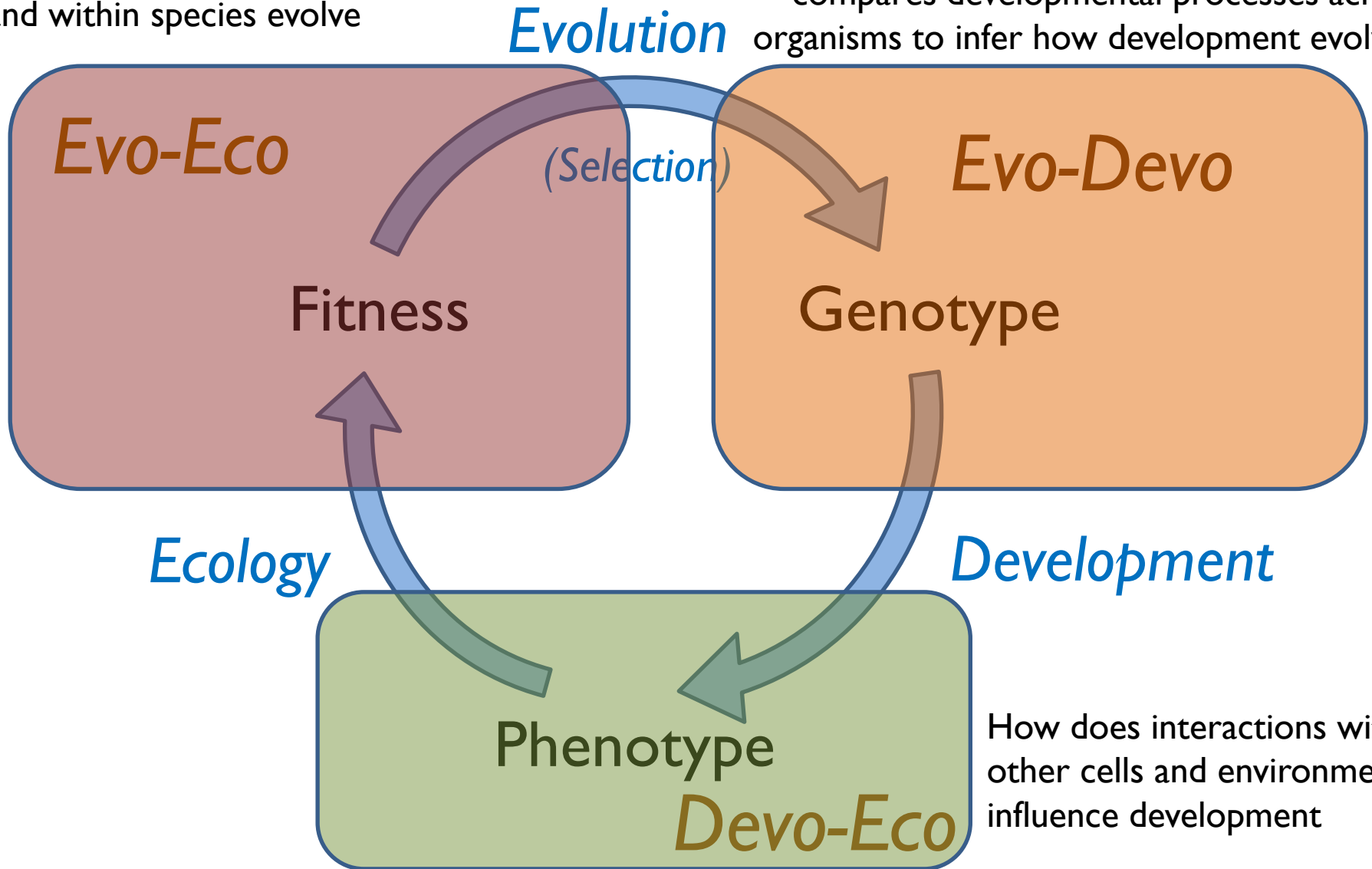
compares developmental processes across  
organisms to infer how development evolved



# Is there a Grand Unified Theory for Biology ?

examines how interactions between and within species evolve

compares developmental processes across organisms to infer how development evolved



The Institute of Mathematical Sciences  
Chennai, India



Workshop on

# Flags, Landscapes, Signaling

From gene regulatory dynamics to tissue patterning & morphogenesis

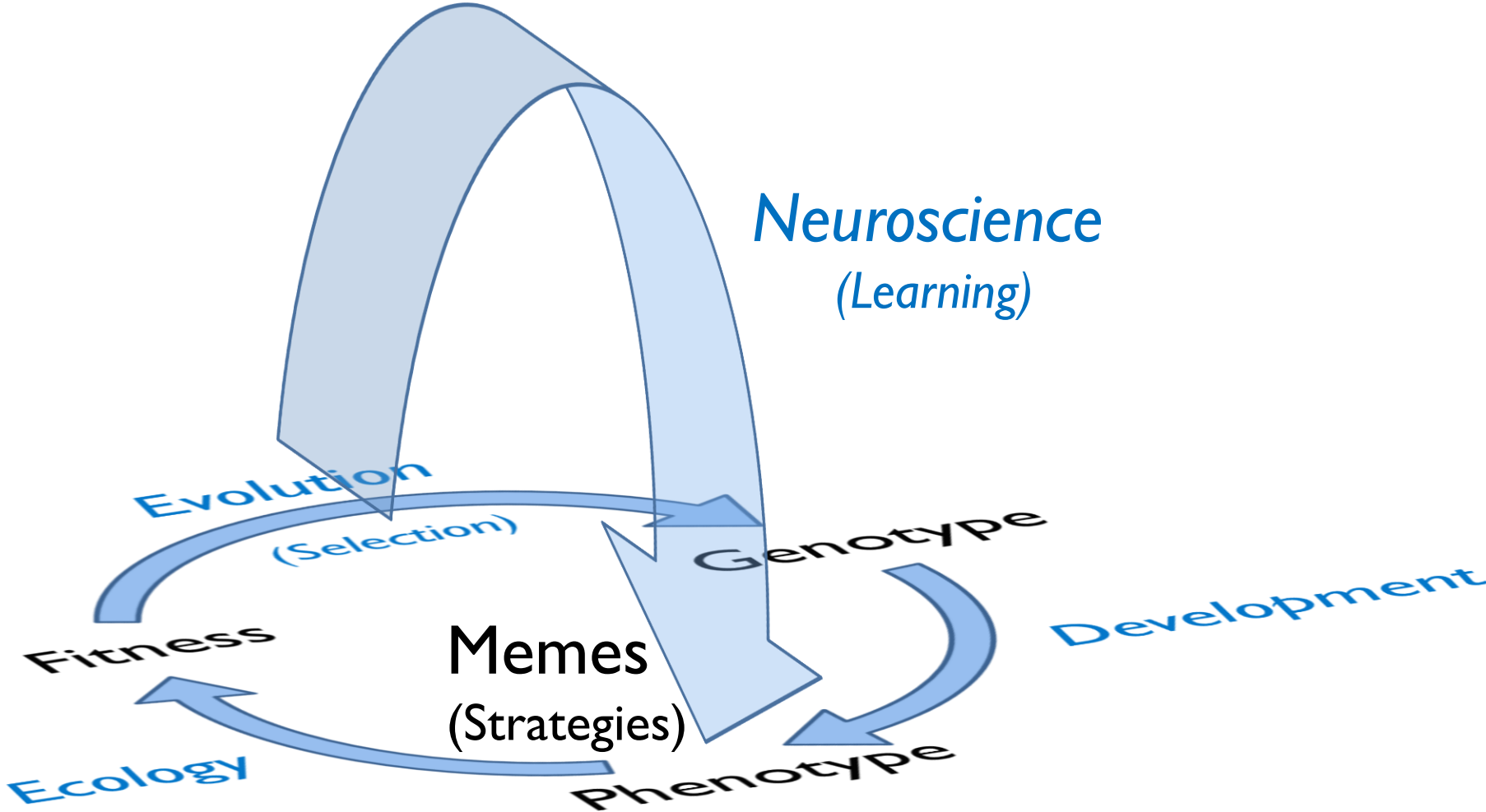
May 6 - 17, 2024

The workshop aims at integrating the principal classes of pattern formation paradigms that have been proposed to explain biological development, e.g., using morphogen gradients to provide cells with positional information or local signaling between cells resulting in lateral inhibition or activation, and how

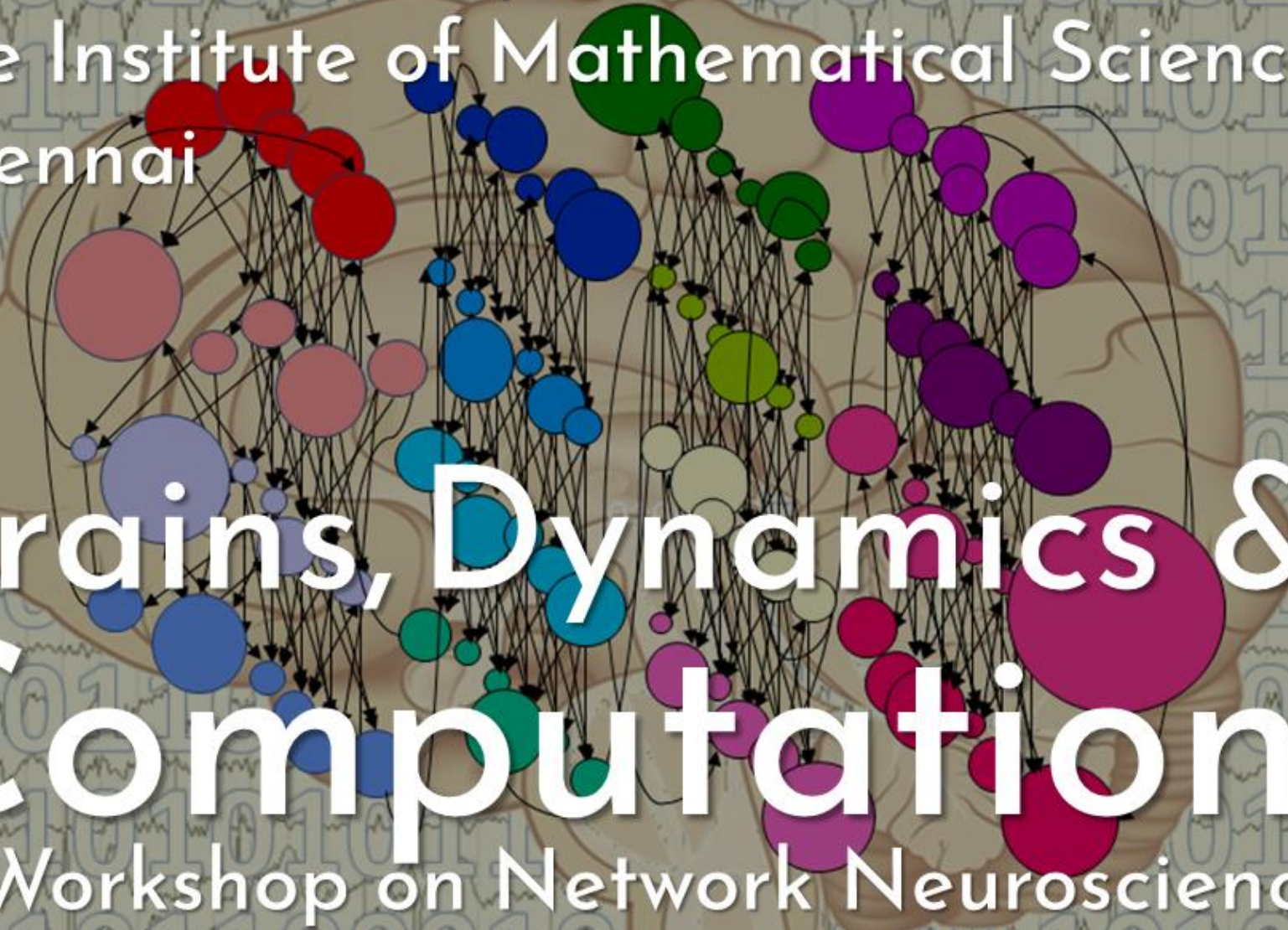
## Speakers include

- ❖ Ramray Bhat (IISc)
- ❖ Biplab Bose (IIT Guwahati)
- ❖ Mohit Kumar Jolly (IISc)
- ❖ Sreelaja Nair (IIT Bombay)

# Organisms that can learn have one more trick!



Center for Complex Systems & Data Science (CSDS)  
The Institute of Mathematical Sciences  
Chennai



# Brains, Dynamics & Computation

A Workshop on Network Neuroscience

May 22 - June 4, 2025

And so, as a natural consequence...

Workshop on

# Behavior, Evolution, Emergence

June 8 - 20, 2026

Center for Complex Systems & Data Science (CSDS)  
The Institute of Mathematical Sciences  
Chennai, India



# A multi-disciplinary enterprise

Networks

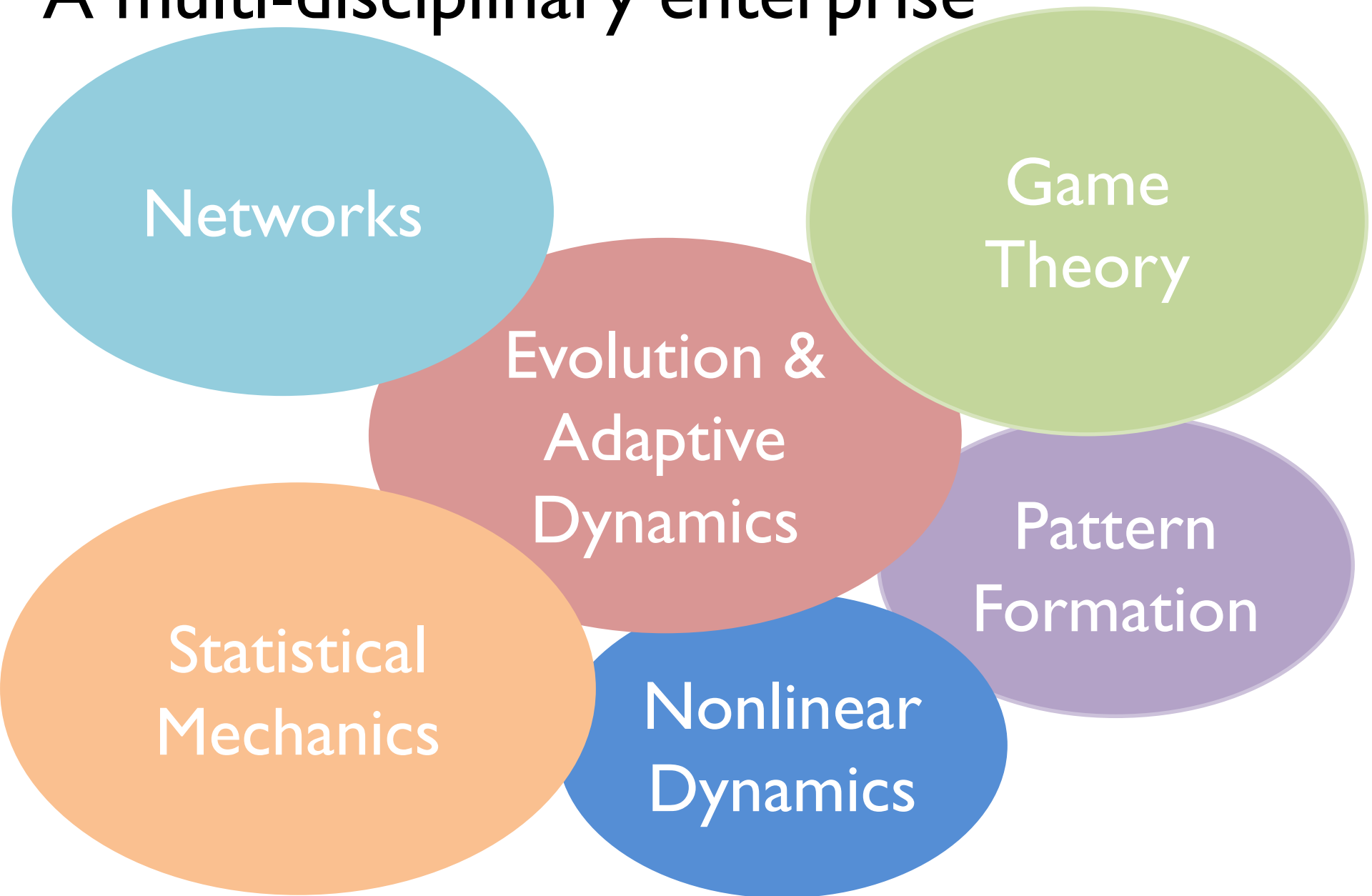
Game  
Theory

Evolution &  
Adaptive  
Dynamics

Pattern  
Formation

Statistical  
Mechanics

Nonlinear  
Dynamics



# Emergence: More is Different

The elementary entities of science X obey the laws of science Y.

X	Y
solid state or many-body physics	elementary particle physics
chemistry	many-body physics
molecular biology	chemistry
cell biology	molecular biology
⋮	⋮
⋮	⋮
psychology	physiology
social sciences	psychology

But this hierarchy does not imply that science X is “just applied Y.”

Psychology is not applied biology, nor is biology applied chemistry.

At each stage entirely new laws, concepts, and generalizations are necessary...

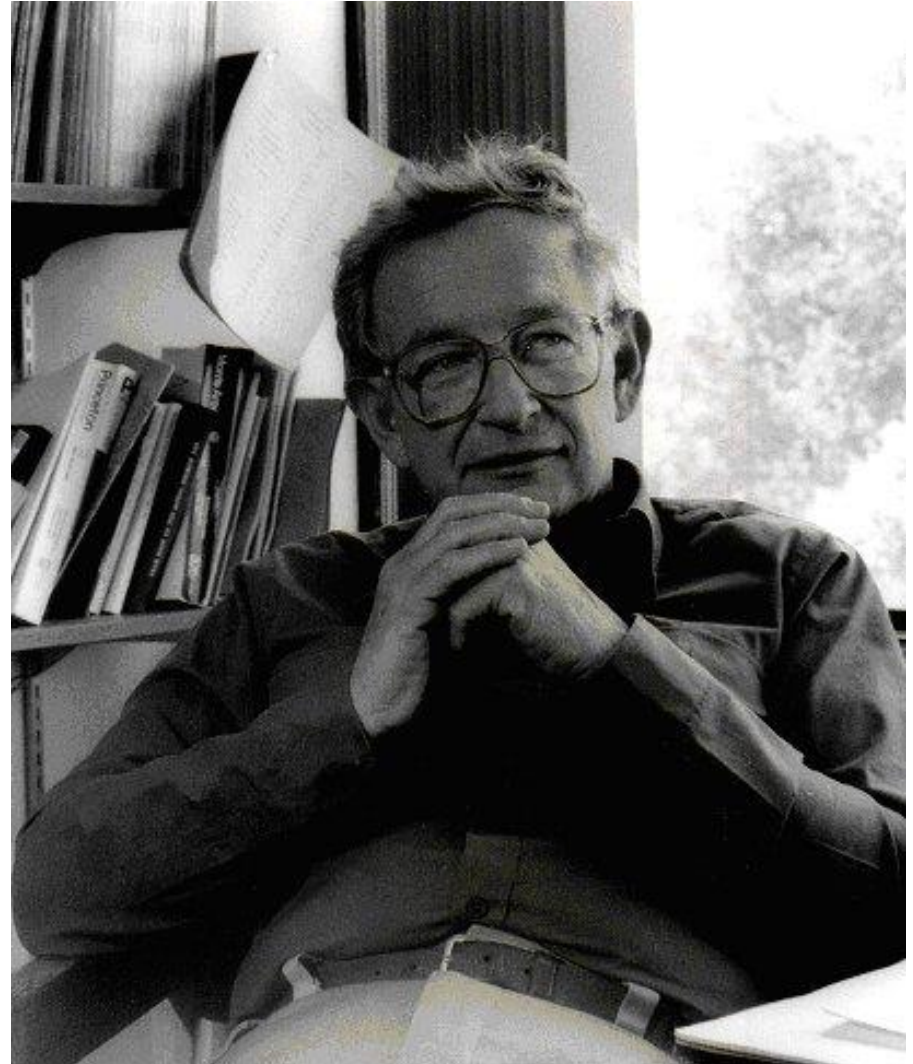
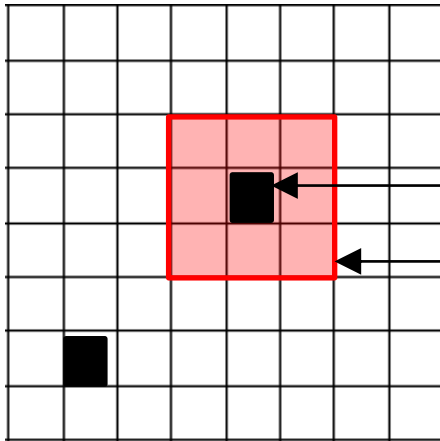


Image: wikipedia

# A “toy” example: The Game of Life (Conway, 1970)

Played on a checkerboard where any cell can be either “dead” or “alive”



“live” cell

neighborhood of “live” cell



Image: wikipedia

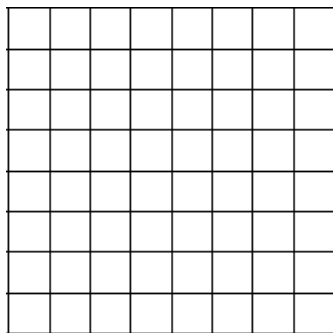
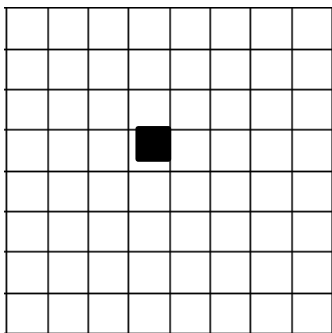
John H Conway

## The “Theory of Everything” of Life

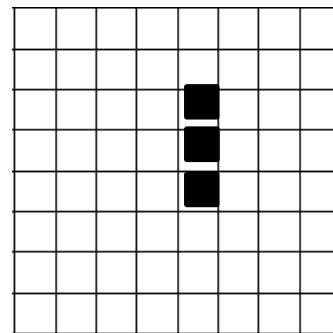
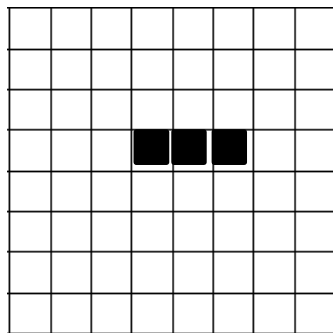
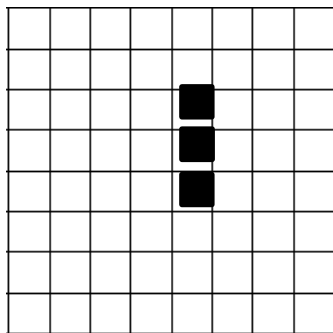
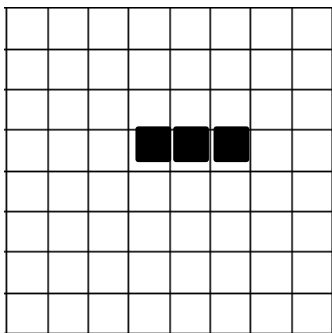
- ❑ Any live cell with  $< 2$  live neighbours dies (“out of loneliness”).
- ❑ Any live cell with 2 or 3 live neighbours lives on to the next generation.
- ❑ Any live cell with  $> 3$  live neighbours dies (“due to overcrowding”).
- ❑ Any dead cell with exactly 3 live neighbours comes alive (“reproduction”).

# Let's try it out

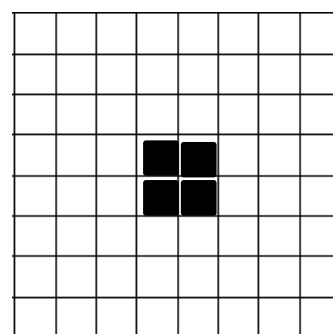
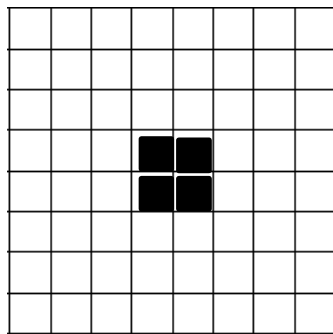
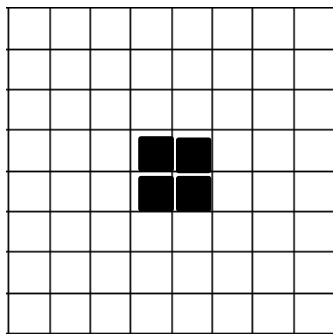
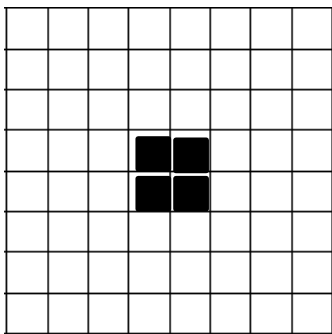
Case 1



Case 2



Case 3



# The Game of Life:

## A crucible of complexity

The simple rules of Life give rise to unexpected behavior, e.g.,

- “glider”: moves across the board
- “glider gun”: creates a “glider” every few iterations.

Glider

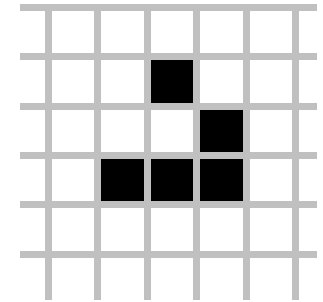


Image:wikipedia



Image:wikipedia

Conway created AND, OR and NOT logic gates using gliders and glider guns

Game of Life shown to be a **universal computer**

# Emergence in Behavior : “The Crowd has no mind”

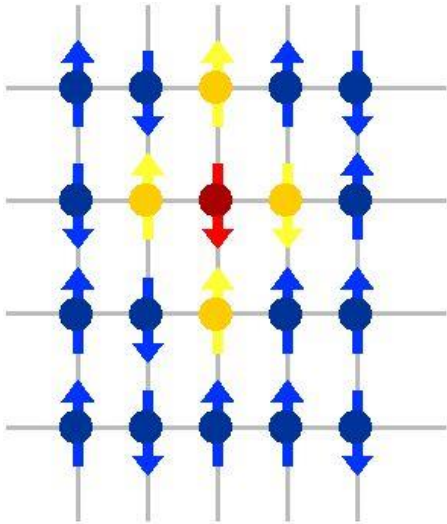
Explaining the sudden transition of a crowd of individuals to a violent mob for a brief duration



Image: [www.ktvu.com](http://www.ktvu.com)

Individuals who are initially in a quiet (“resting”) state may be driven by circumstances (“field”) & surrounding (“interactions”) to an agitated (“excited”) state

# Spin models as a paradigm for Complex Systems



- **Spin orientation**: mutually exclusive choices

- **Choice dynamics**: decision based on information about choice of majority in local neighborhood

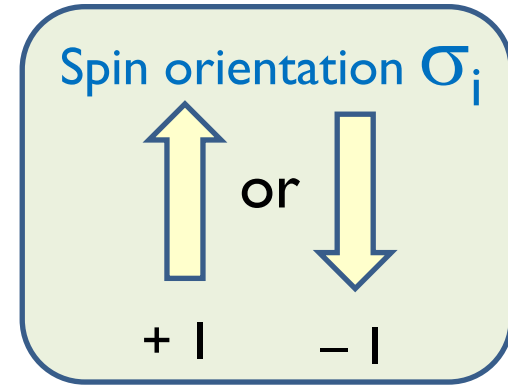
## Simplest case: 2 possible choices

Ising model with Ferromagnetic interactions: each agent can be in one of 2 states (Yes/No , +/-)

# Collective ordering

Striking analogy in statistical physics

The Ising model described by



$$H = - \underbrace{\sum_{ij} J_{ij} \sigma_i \sigma_j}_{\text{interaction}} - \underbrace{\sum_i h_i \sigma_i}_{\text{environment}}$$

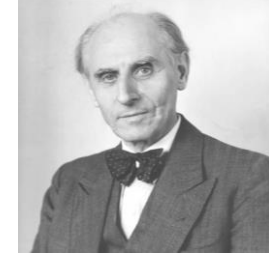
spin-orientation coupling  
external field

For spontaneous ordering in a **ferromagnet**,  $J_{ij} = J > 0$  and  $h_i = h = 0$

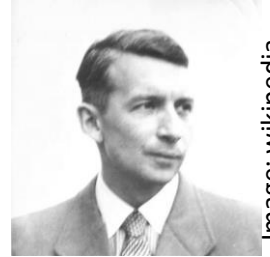
Once we introduce thermal fluctuations (at finite temperature  $T > 0$ ) system behavior is governed by **Free energy**  $F = U - T \cdot S$

# The Lenz-Ising model (1920-5)

A highly simplified model for explaining spontaneous magnetization



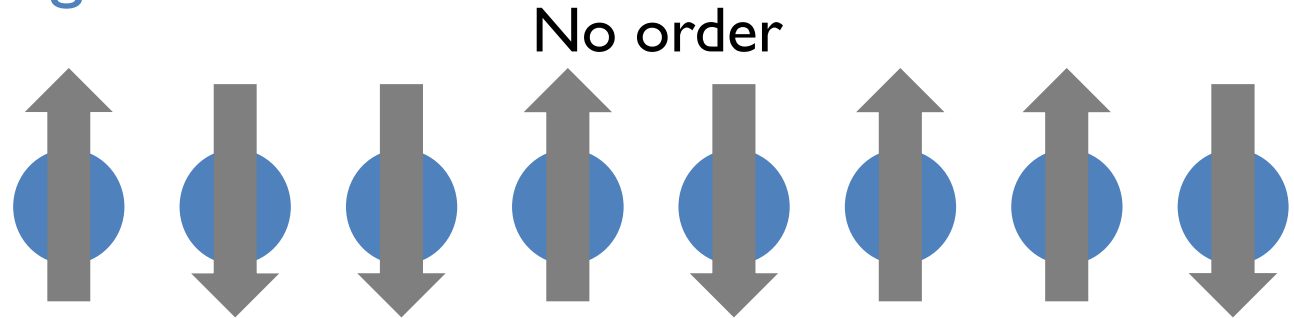
Wilhelm Lenz



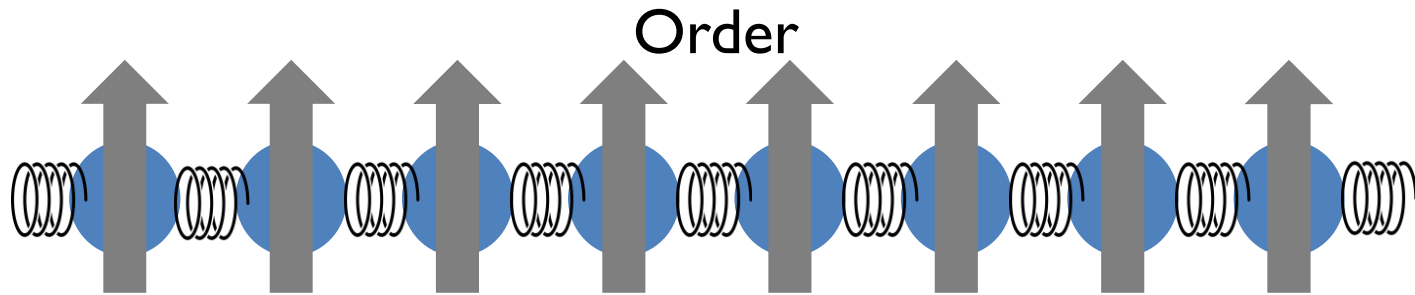
Ernst Ising

Image: wikipedia

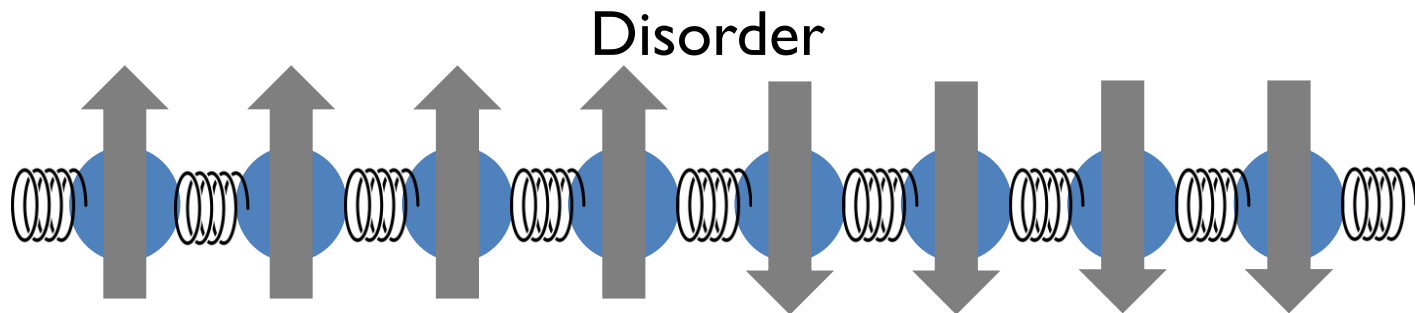
In absence of interactions



$T=0$ , with interactions



$T>0$ , with interactions



Magnetic moments of atoms reduced to a single (z) component, allowed to be only in 1 of 2 states and interact only with nearest neighbors

# The 2-dimensional Ising model (1944)

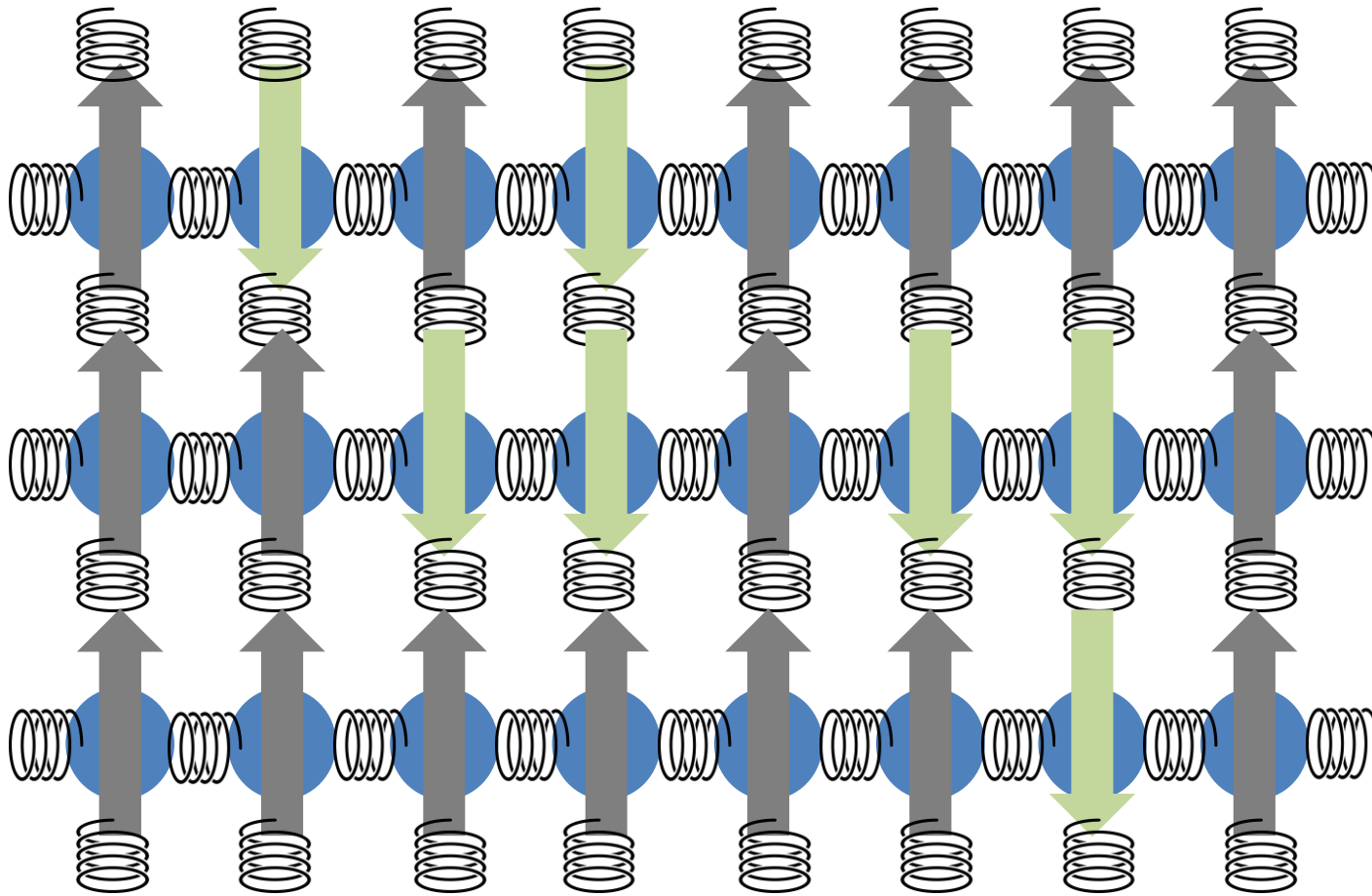
A model for self-organized coordination

The system spontaneously orders at  $T < T_c$

image: wikipedia



Lars Onsager



# The 2-dimensional Ising model (1944)

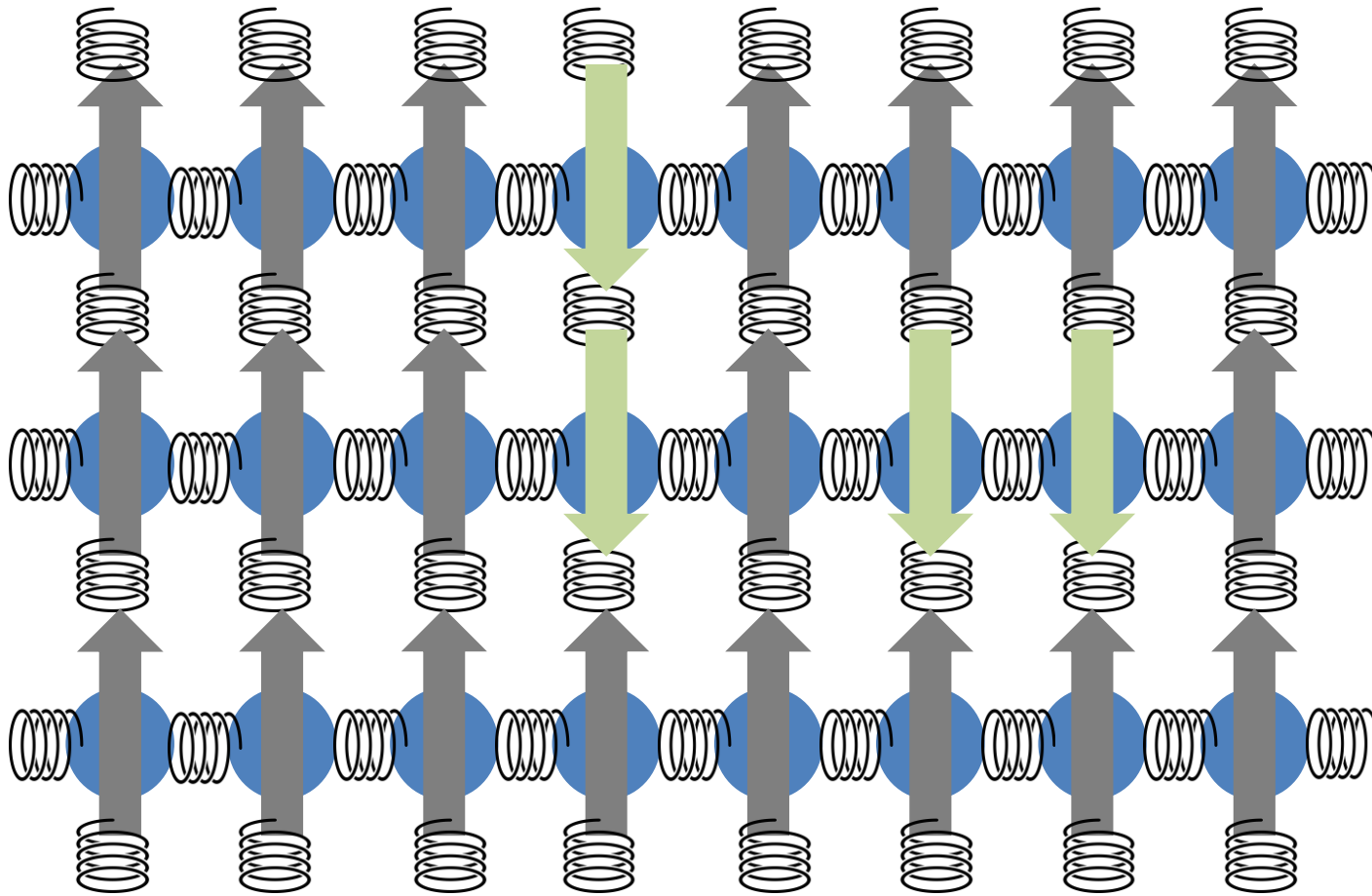
A model for self-organized coordination

The system spontaneously orders at  $T < T_c$

image: wikipedia



Lars Onsager



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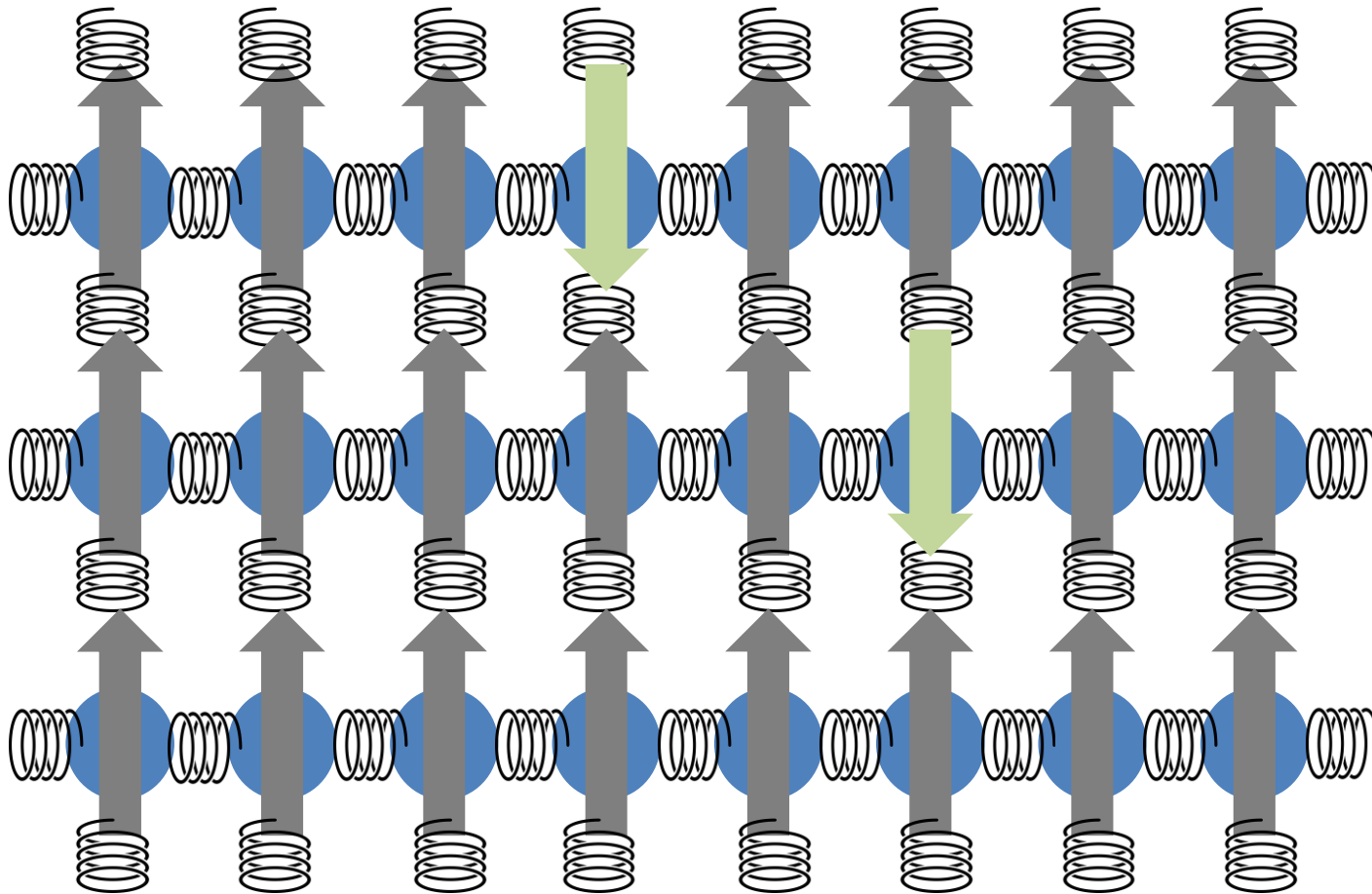
A model for self-organized coordination

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image: wikipedia



Lars Onsager



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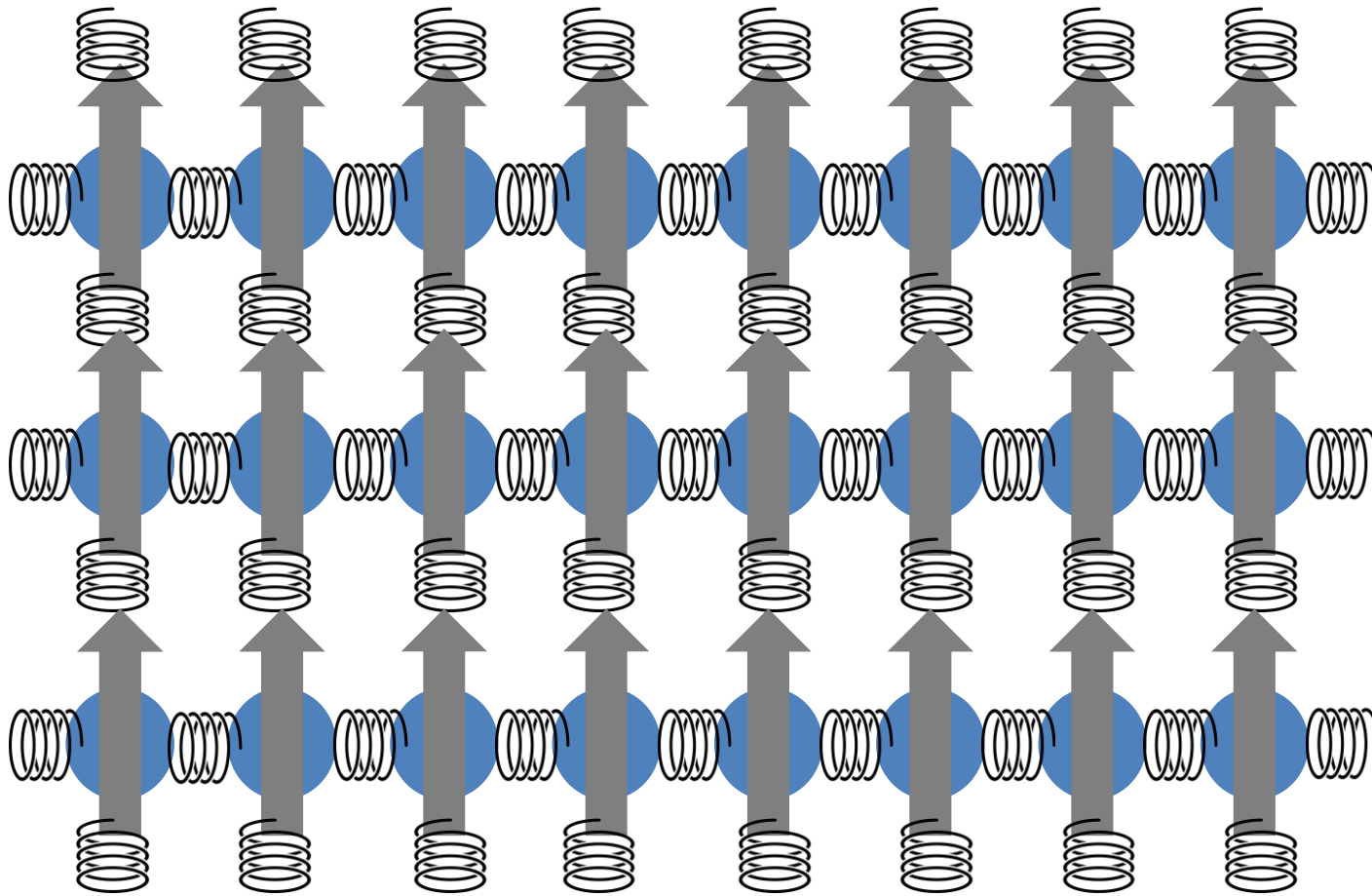
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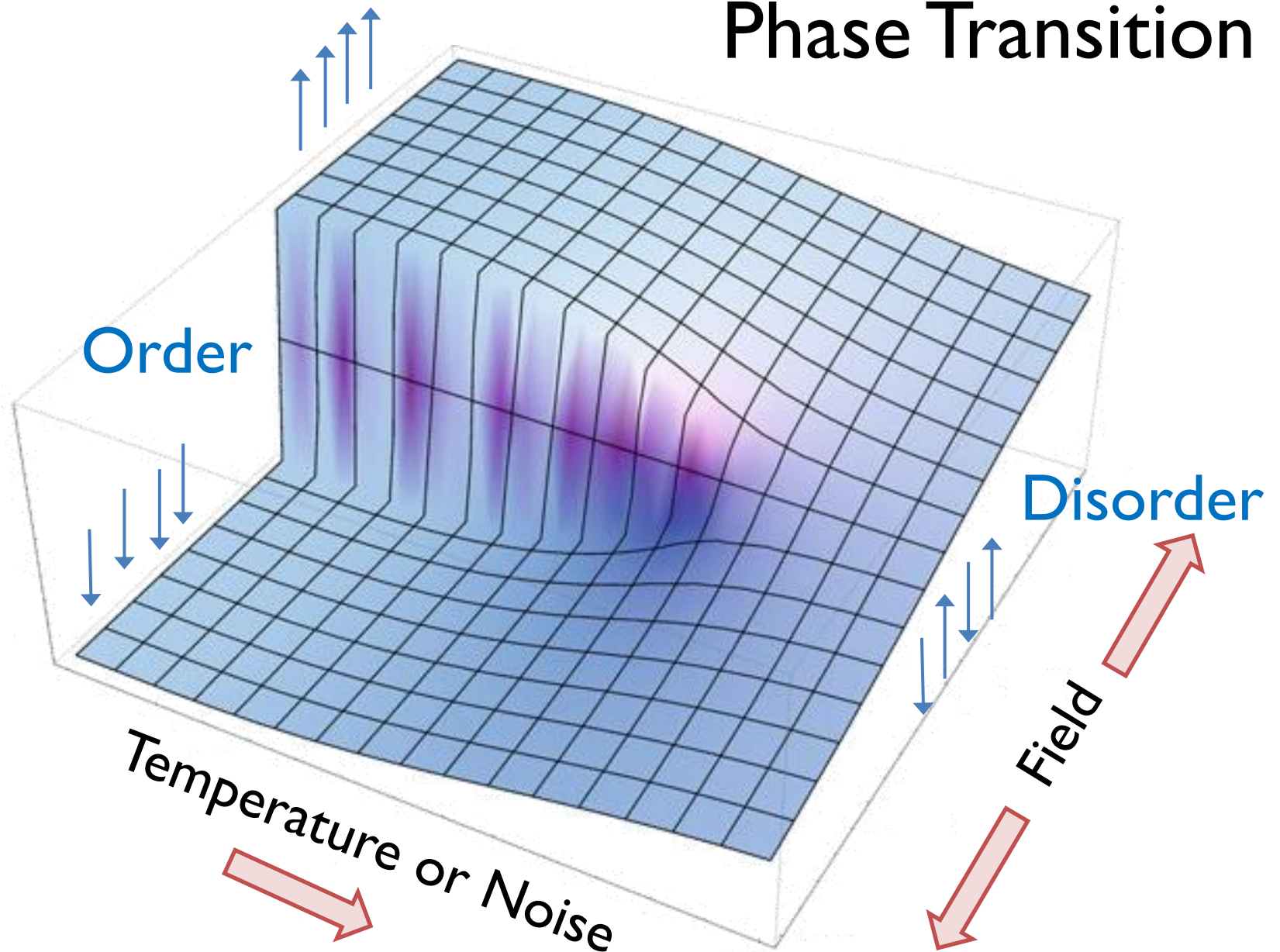
image: wikipedia



Lars Onsager



# Phase Transition

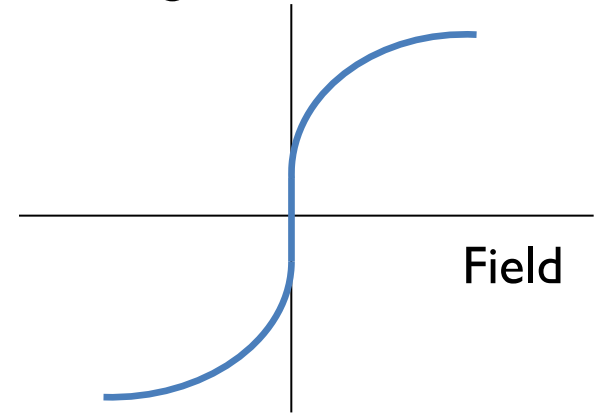


# Order-disorder transition

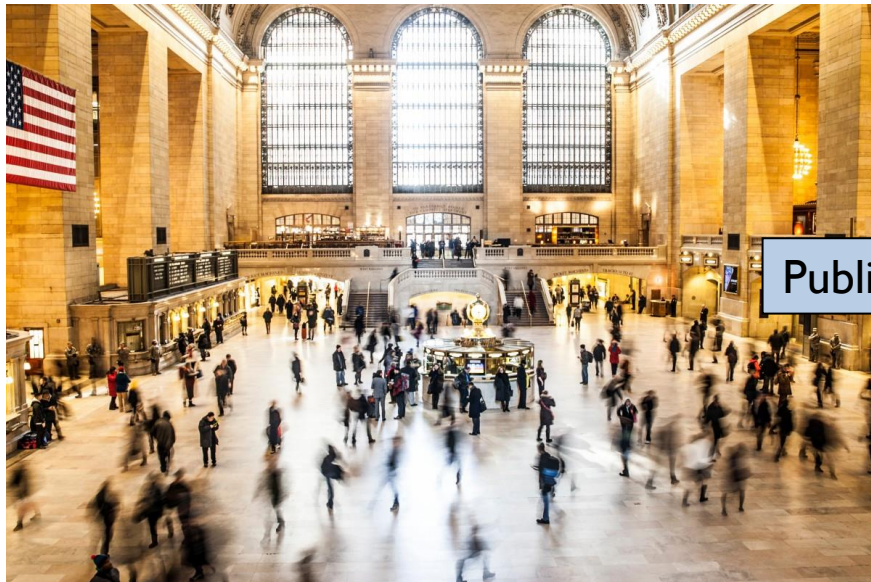
“Field” induced transition from

“Disorder”

Degree of order



“Order”



Public announcement



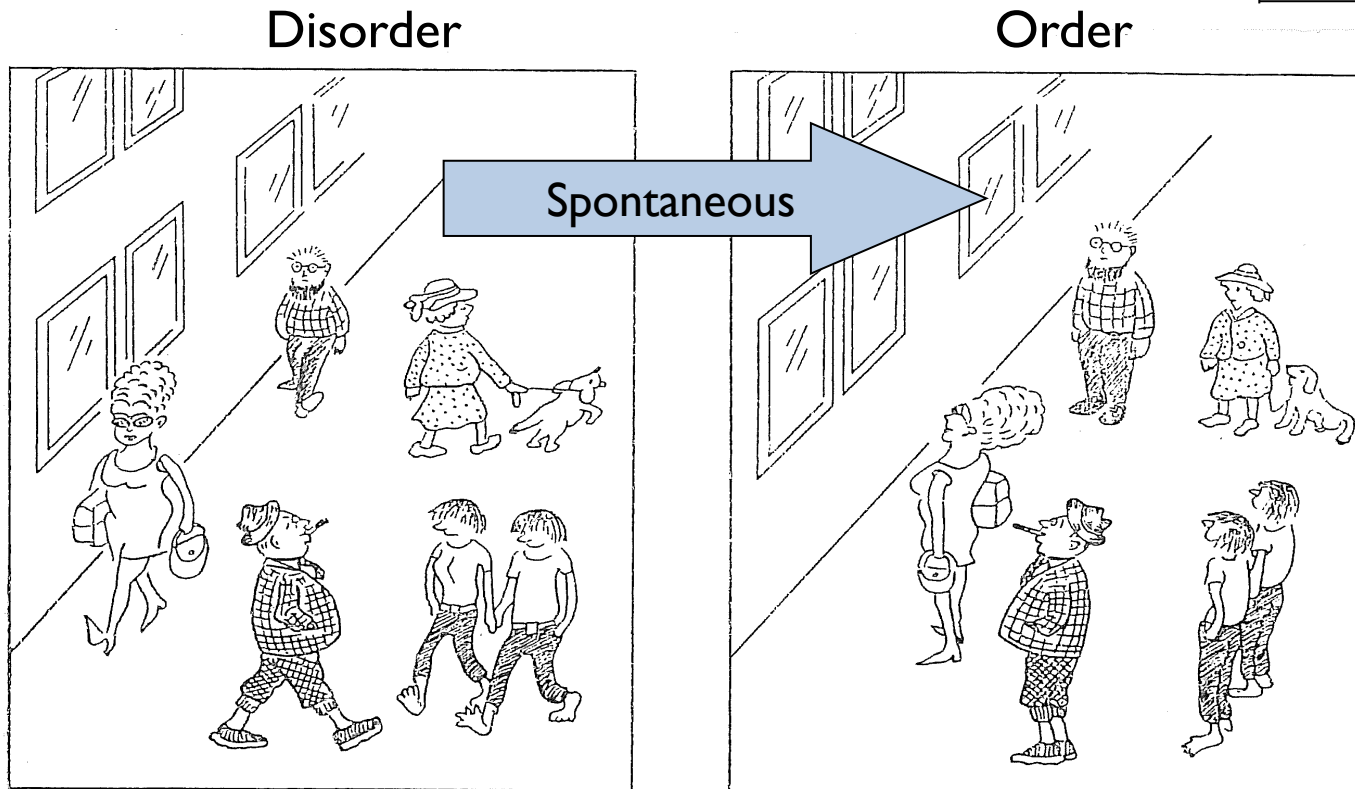
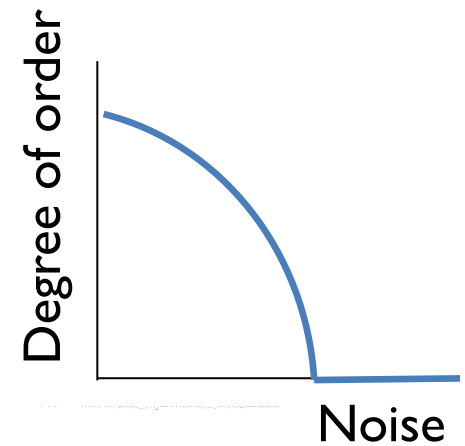
Jake Wyman/Corbis

Discontinuous or First-order phase transition

Creative Commons

# Cooperative phenomenon

Self-organized transition from



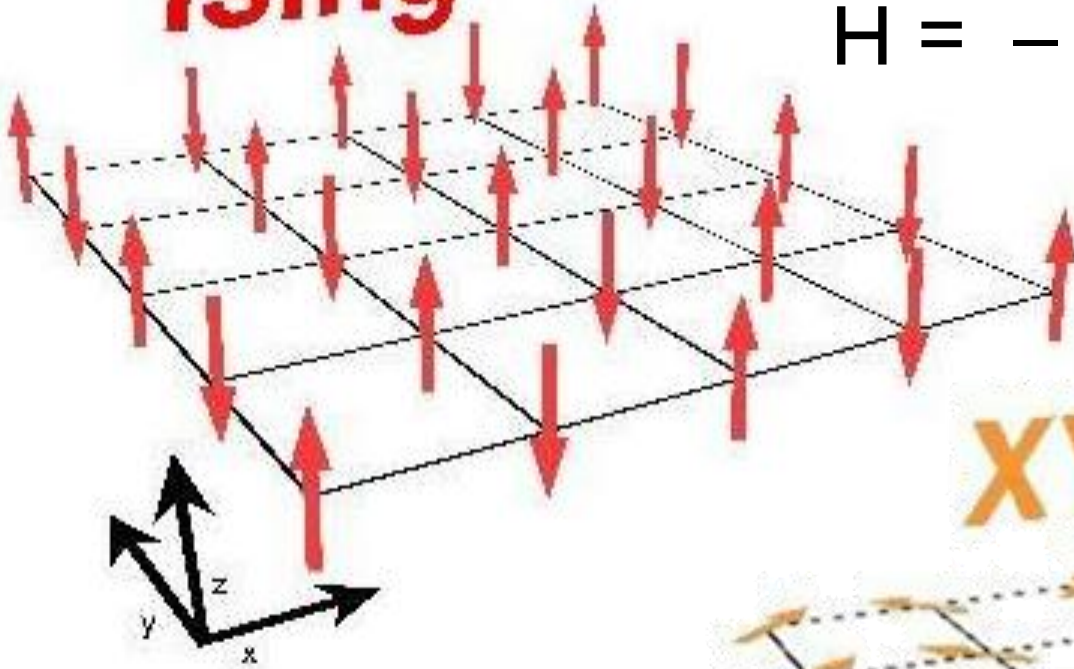
Kikoin & Kikoin, Molecular Physics, Mir

Continuous phase transition

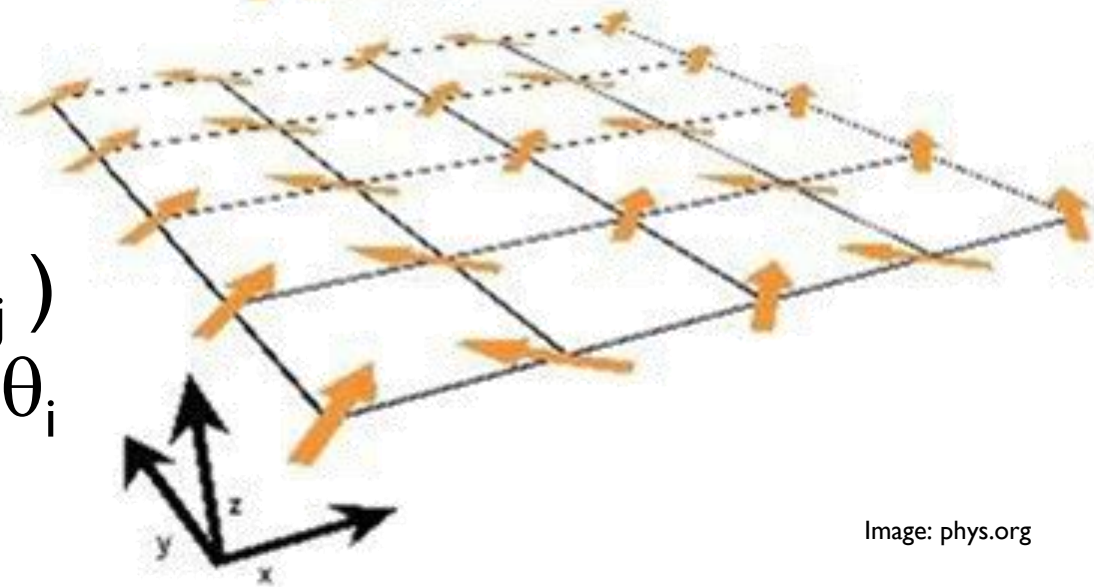
# From Discrete states to Continuous states

**Ising**

$$H = - \sum_{ij} J_{ij} \sigma_i \sigma_j - \sum_i h_i \sigma_i$$



**XY**



$$H = - \sum_{ij} J_{ij} \cos (\theta_i - \theta_j) - \sum_i h_i \cos \theta_i$$

# Mermin-Wagner Theorem

(1966)

In 1 and 2 dimensions, continuous symmetries cannot be spontaneously broken at finite temperature in systems with sufficiently short-range interactions

Image: academictree.org

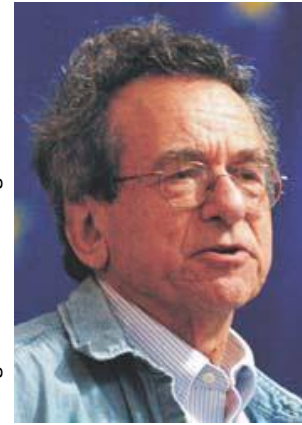


Image: uni-due



David Mermin Herbert Wagner

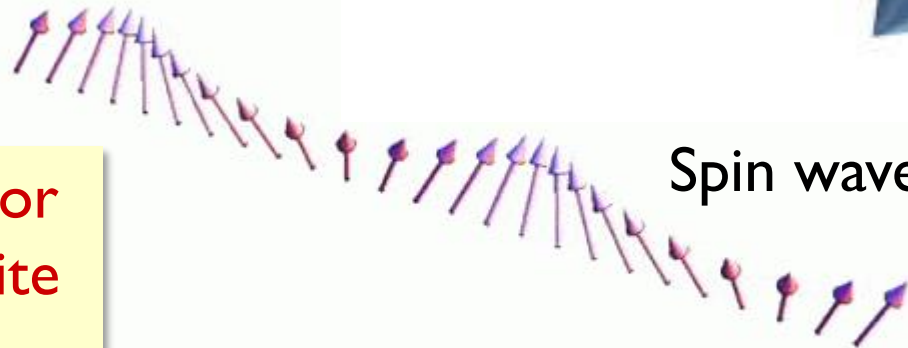


Order

at any  $T > 0$



Disorder



Spin waves

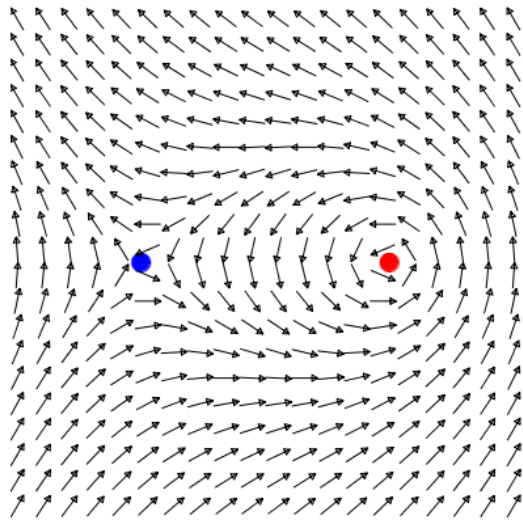
No long-range order in 1D or 2D lattice of XY spins at finite temperature

Image: marconivan.org

Image: www.damtp.cam.ac.uk



# Topological phase transitions



Transition in a 2-D system from bound vortex-antivortex pairs at low temperatures to unpaired vortices and anti-vortices above a critical temperature

Image: Brown Univ



Michael Kosterlitz

Image: New York Times



David Thouless

2016



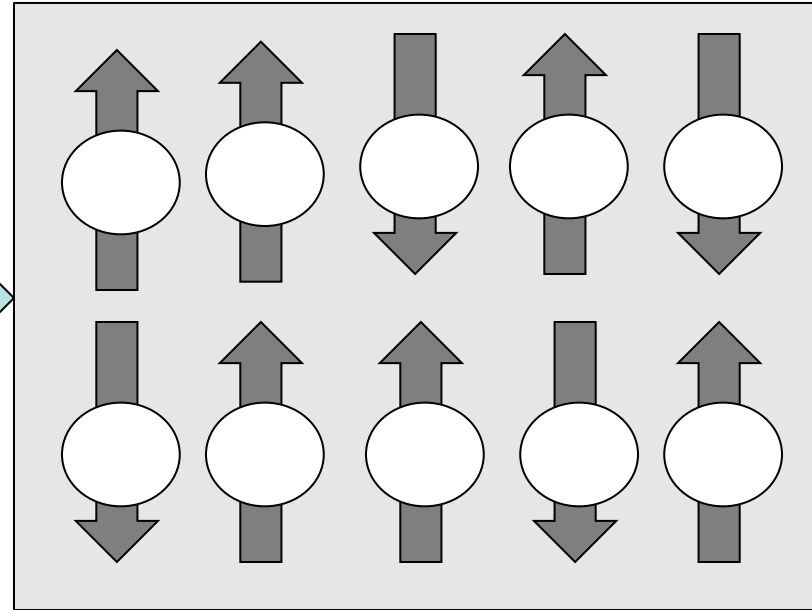
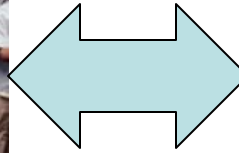
Tight pair of vortices



Single vortices

LOWER TEMPERATURE ← TOPOLOGICAL PHASE TRANSITION → HIGHER TEMPERATURE

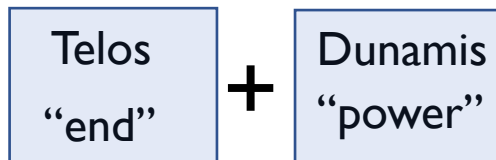
# Collective behavior for physicists...



**But...** Agents are not spins!  
Not simply responding inertly to forces!

Future goals are the driving force for behavior

## Teleodynamics



Agents are necessarily “forward-looking”,  
⇒ current actions are influenced by  
perception of future events.

perception may of course be influenced by  
what has happened in the past ...  
but also by biases and prejudices of the  
individual actors



# The Goalie's anxiety at the penalty kick



# From spins to games

“I think that I will pick A”

But “she thinks that I think that I will pick A”

But “she thinks that I think that she thinks that I think that I will pick A”

And so on...



An infinite regress of *theories of mind* two opponents use to guess the action that the other will choose

How to choose course of action ?

# The Theory of “Games”

- ❑ **Games**: Strategic interactions between agents
- ❑ **Agents**: Variety of entities, ranging from individuals to organizations and nations, or even, computer programs.
- ❑ Each agent receives a **payoff** depending upon the strategy choice made by all agents including herself
- ❑ Agents aim to **maximize their payoff** by choosing optimal strategies, taking into account that other agents will also be doing the same

Early attempts at using the concept of games for analyzing strategic thinking: **Kriegsspiel**, a war-game used for training Prussian officers



# 2-person symmetric single-stage games

Each agent (A and B) has two possible strategies (Actions 1 and 2)

Each agent receives a payoff corresponding to the pair of choices made by them:






















		Agent B	
		Action 1	Action 2
Agent A	Action 1	(R,R)	(S,T)
	Action 2	(T,S)	(P,P)

An agent may employ a **mixed strategy**, in which she **randomly** selects her options, choosing **Action 1** with some **probability  $p$**  and **Action 2** with **probability  $(1 - p)$** .

A **pure strategy** corresponds to  $p=0$  or  $p=1$

# Example: Hawk-Dove or Chicken

$$T > R > S > P (=0)$$

	   COOPERATE      DEFECT	
  COOPERATE	   	   
 DEFECT	   	 

Evolutionary Games Infographics Project

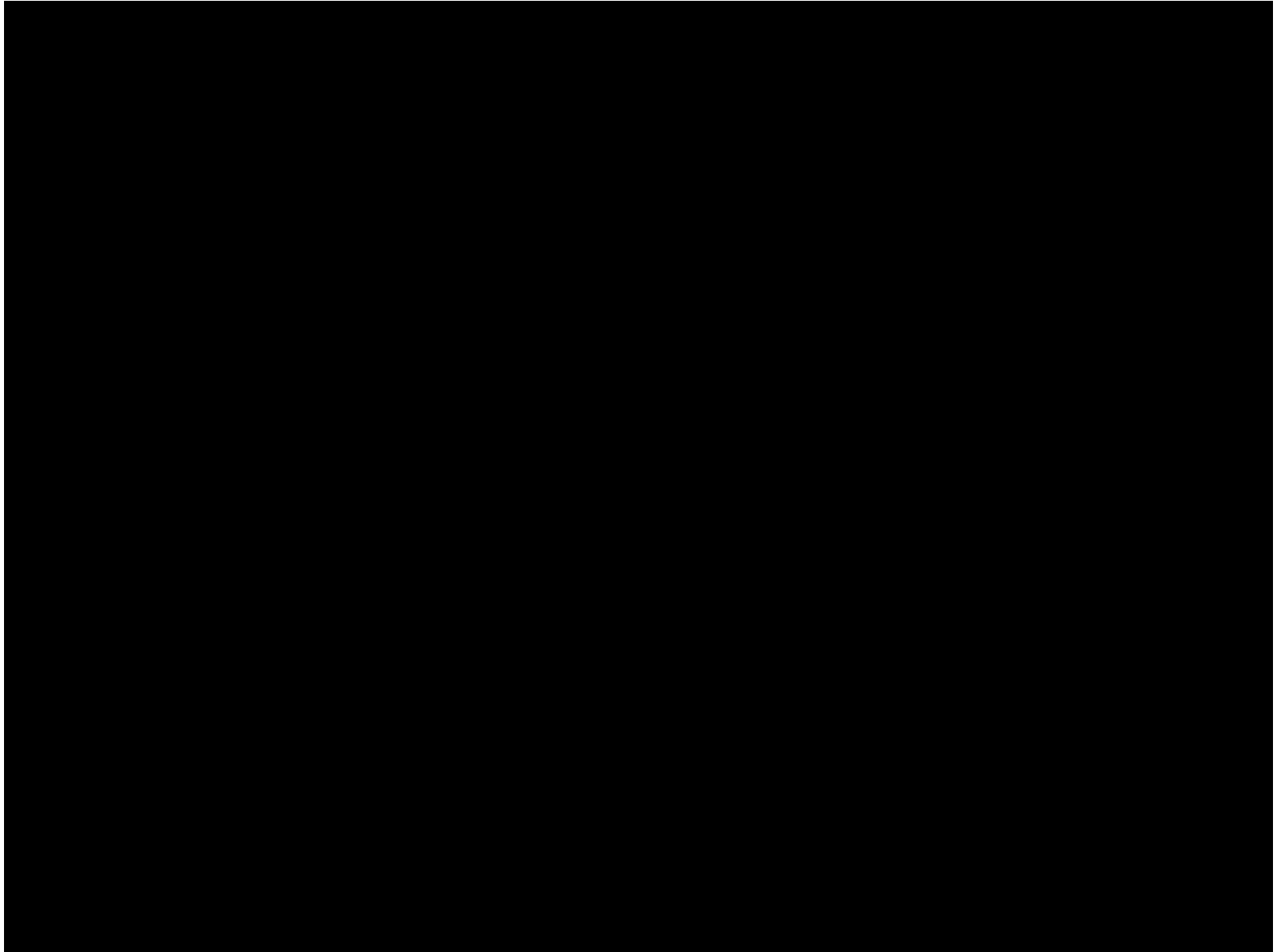
Strategic interaction between 2 agents choosing either

- Action 1: being docile
- Action 2: being aggressive

An agent benefits by being aggressive only if the other is docile but is better off being docile otherwise, as cost of mutual aggression is high.

Strategy defined by probability  $p$  of Action 1  
 [probability of Action 2 is  $(1-p)$ ]

# The Chicken Run: Rebel Without A Cause (1955)



# Nash Equilibrium

J. F. Nash, "Equilibrium Points in n-Person Games"  
*Proc. Natl. Acad. Sci. USA*, 1950

An important solution concept for

**Non-cooperative games** in which players **make decisions independently**

While the actions of players may result in cooperation, it must be self-organized

Informally

**Nash equilibrium** is a state where after every agent has selected their optimal 'Nash' strategies, **none of the agents can improve their payoff by unilaterally deviating from it.**
























A game can have **multiple Nash equilibria** – in which case one needs to employ additional **refinement (selection) criteria** to decide which equilibrium agents will choose



John F Nash  
(1928-2015 )

# Example: Hawk-Dove or Chicken

$$T > R > S > P (=0)$$

	   COOPERATE      DEFECT	
  COOPERATE	   	   
 DEFECT	   	   

Evolutionary Games Infographics Project

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An agent benefits by being aggressive only if the other is docile but is better off being docile otherwise, as cost of mutual aggression is high.

Extensively investigated in the context of arms race & mutually assured destruction

Three Nash equilibria:

- $p^* = S/(T + S - R)$  a mixed strategy
- $p^* = 1$  a pure strategy
- $p^* = 0$  a pure strategy

The Nash equilibrium of a game may sometimes be **inferior** to an **alternate choice of actions by the agents in which all the parties get higher payoff** ... gives rise to “social dilemmas” such as

# Prisoners Dilemma

$$T > R > P > S$$

## Payoff Matrix

		Prisoner B	
		Cooperate	Defect
Prisoner A	Cooperate	R, R	S, T
	Defect	T, S	P, P

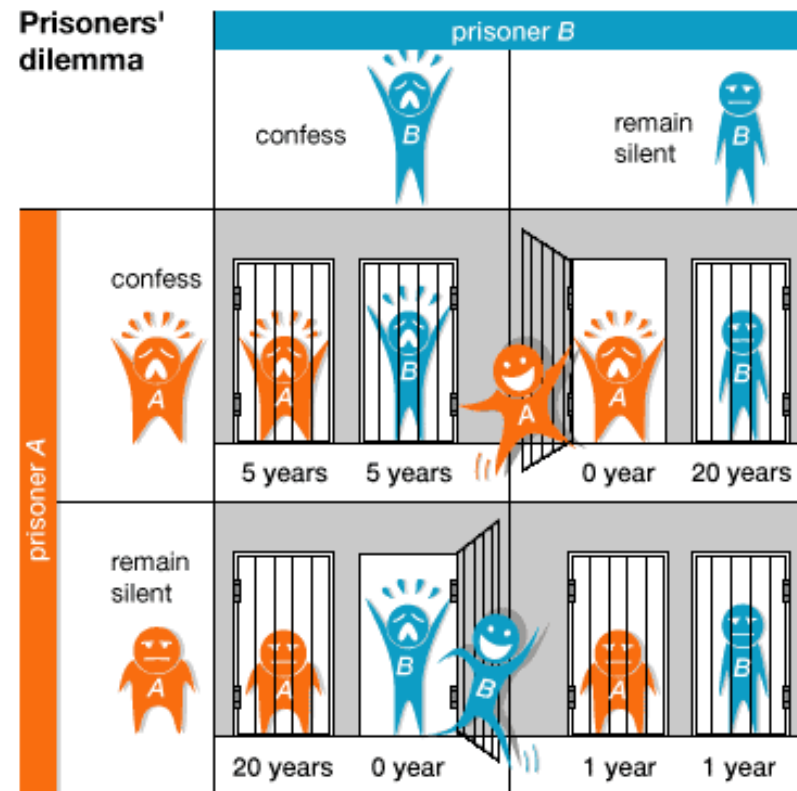
T: Temptation to defect

R: Reward for cooperation

P: Punishment for mutual defection

S: Sucker's payoff

originally framed by Merrill Flood and Melvin Dresher at RAND (1950)



## Pride and Prejudice: Eliabeth-D'Arcy “Meet-not-so-cute”



<https://www.youtube.com/watch?v=6fOtWQwp7ak>

BBC 1995

# Pride & Prejudice

## Using game theory



D'Arcy's strategy



Elizabeth's strategy

	Cooperate (Receptive)	Defect (Aloof/Hostile)
Cooperate (Receptive)	<b>(2,2)</b> Mutual happiness	<b>(-1, 3)</b> Elizabeth insulted D'Arcy triumphs
Defect (Aloof/Hostile)	<b>(3, -1)</b> Elizabeth triumphs D'Arcy insulted	<b>(0,0)</b> Mutual distrust (Novel's reality)

# Laura and Petrarch : Love and Nonlinear Dynamics



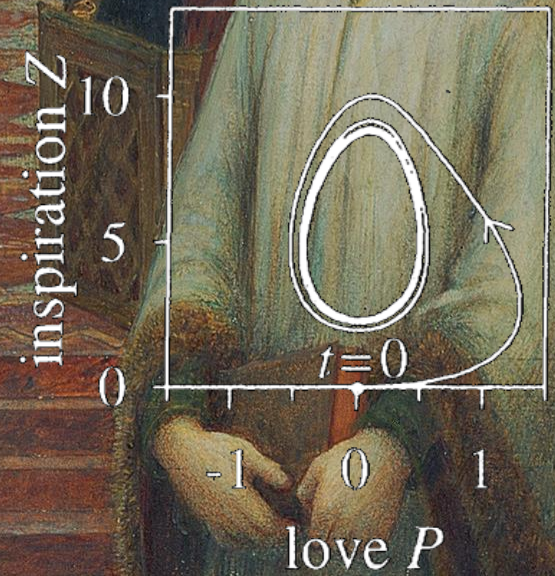
Marie Spartali Stillman, The First Meeting of Petrarch and Laura, 1889

# Laura and Petrarch : Love and Nonlinear Dynamics

$$\frac{dL(t)}{dt} = -\alpha_1 L(t) + R_L(P(t)) + \beta_1 A_P,$$

$$\frac{dP(t)}{dt} = -\alpha_2 P(t) + R_P(L(t)) + \beta_2 \frac{A_L}{1 + \delta Z(t)},$$

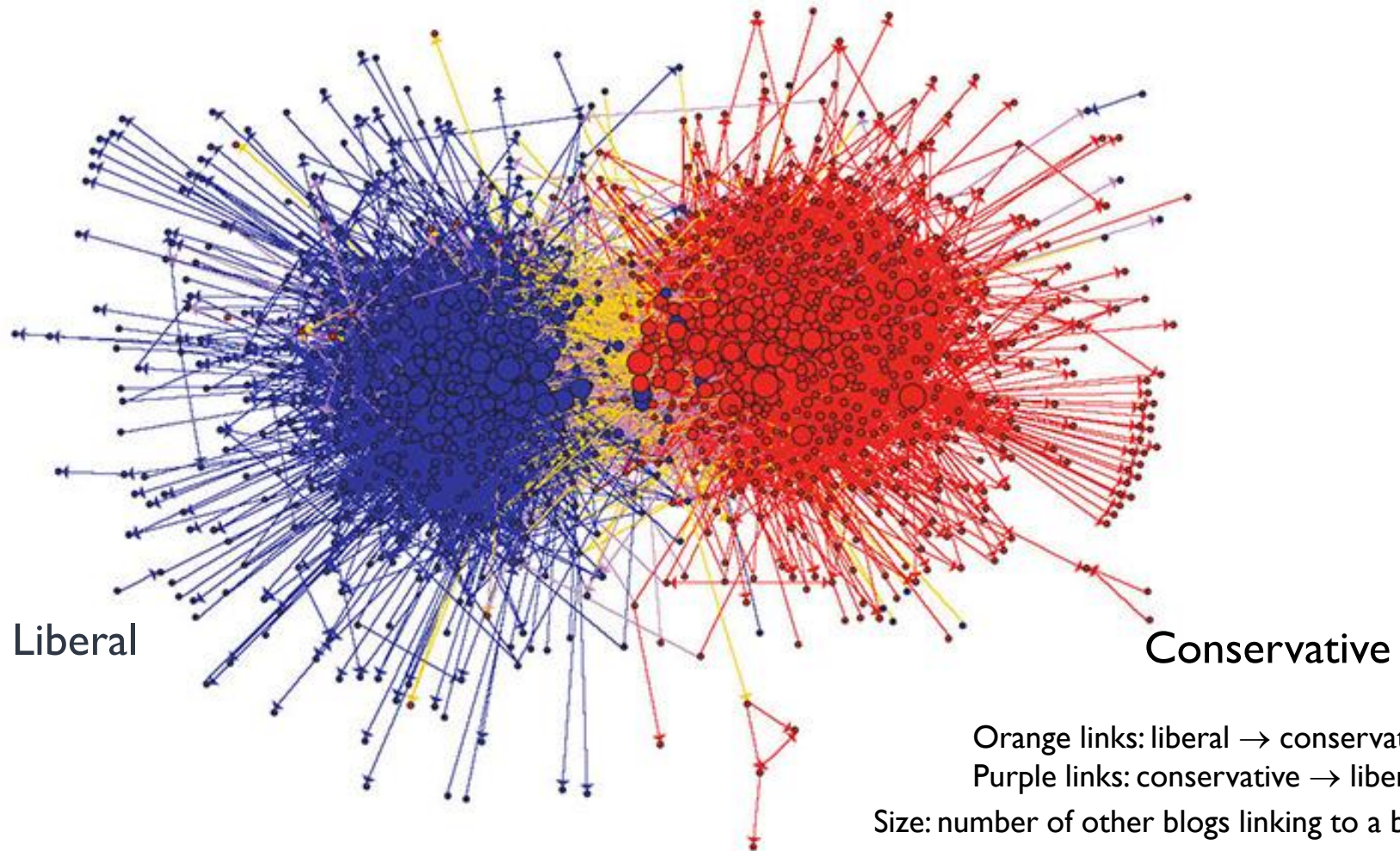
$$\frac{dZ(t)}{dt} = -\alpha_3 Z(t) + \beta_3 P(t),$$



# How do you describe a complex system?

## Interaction between social groups

Blogosphere: Network structure of political blogs during the 2004 US elections



# *Romeo and Juliet* Dramatis Personae

Escalus, Prince of Verona

Mercutio, Kinsman of the Prince and friend of Romeo

Paris, a young Count, kinsman of the Prince

Page to Count Paris

Montague, head of a Veronese family

Lady Montague, wife to Montague

Romeo, son of Montague

Benvolio, nephew of Montague and friend of Romeo

Abram, servant of Montague

Balthasar, servant of Romeo

Capulet, head of another Veronese family

Lady Capulet, wife to Capulet

Juliet, daughter to Capulet

Tybalt, nephew of Lady Capulet

Petruchio, friend of Tybalt

Second Capulet, cousin of Capulet

Nurse of Juliet

Peter, servant of Juliet's nurse

Sampson }  
Gregory } Servants of the Capulets

Servingmen of the Capulets (Anthony, Potpan  
etv.)

Friar Laurence }  
Friar John } Franciscans

An Apothecary of Mantua

Musicians (Simon Catling, Hugh Rebeck, James Soundpost)

Three Watchmen

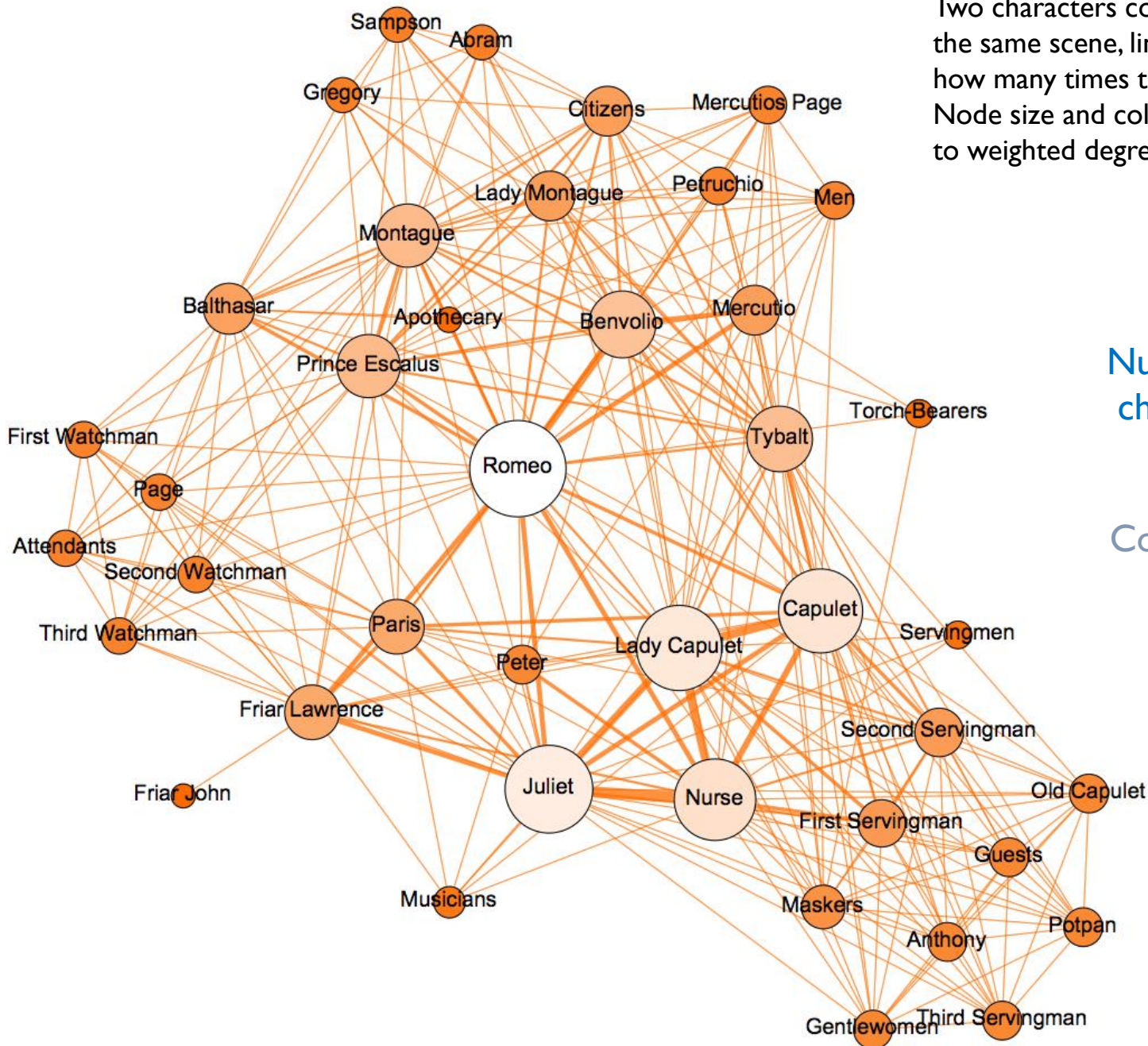
Citizens of Verona, maskers torchbearers, pages, servants

Chorus

Two characters connected if they appear in the same scene, link width proportional to how many times they appear together  
Node size and color intensity proportional to weighted degree

Number of characters **41**

Connection density **37%**



# How do you build a complex system?

It's not enough to know the components

We also need to know how each component relate or interact with the others

How do we describe all these interactions ?

We use the language of Networks

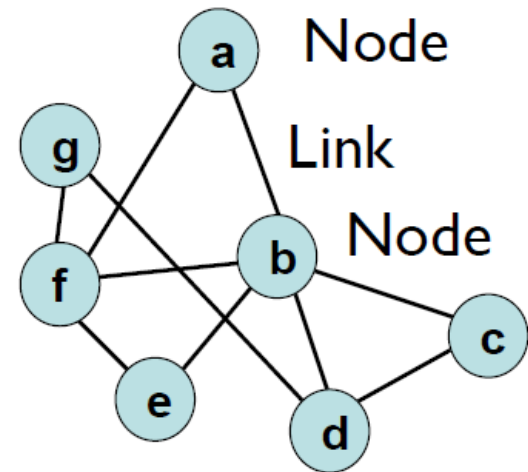
# What is a network ?

Components = Nodes or Vertices

Interactions = Links or Edges

System = Network or Graph

Network...



...and its adjacency matrix

Network structure is specified by

*adjacency matrix A*

$A_{ij} = 1$ , if a link exists between  $i$  and  $j$  ( $i \neq j$ )  
 $= 0$ , otherwise

	a	b	c	d	e	f	g	
a	0	1	0	0	0	1	0	a
b	1	0	1	1	1	1	0	b
c	0	1	0	1	0	0	0	c
d	0	1	1	0	0	0	1	d
e	0	1	0	0	0	1	0	e
f	1	1	0	0	1	0	1	f
g	0	0	0	1	0	1	0	g

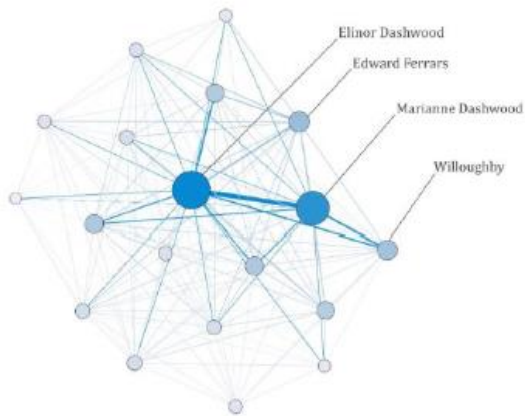
# Social Networks in Fictional World

Generally tend to be much simpler than those in reality, ...

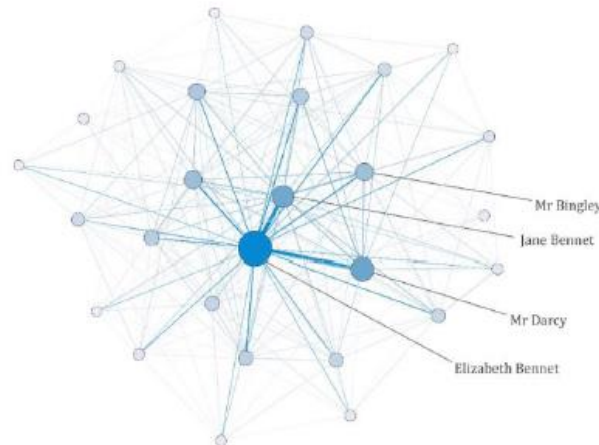
## Example: Jane Austen's novels



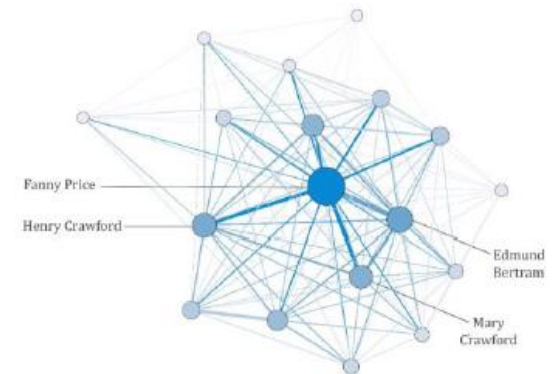
SENSE AND SENSIBILITY (1811)



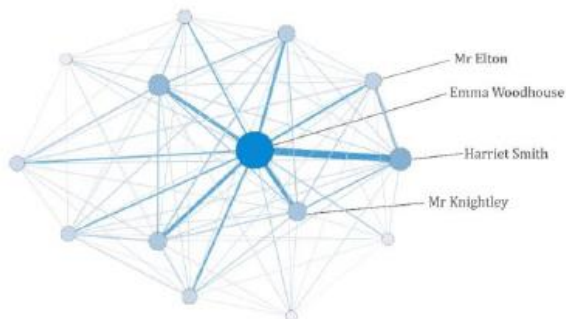
PRIDE AND PREJUDICE (1813)



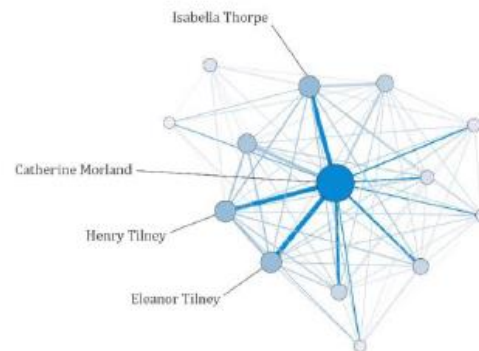
MANSFIELD PARK (1814)



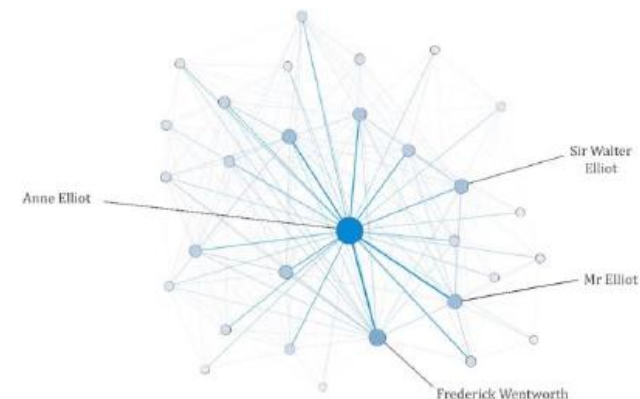
EMMA (1815)



NORTHANGER ABBEY (1817)



PERSUASION (1818)

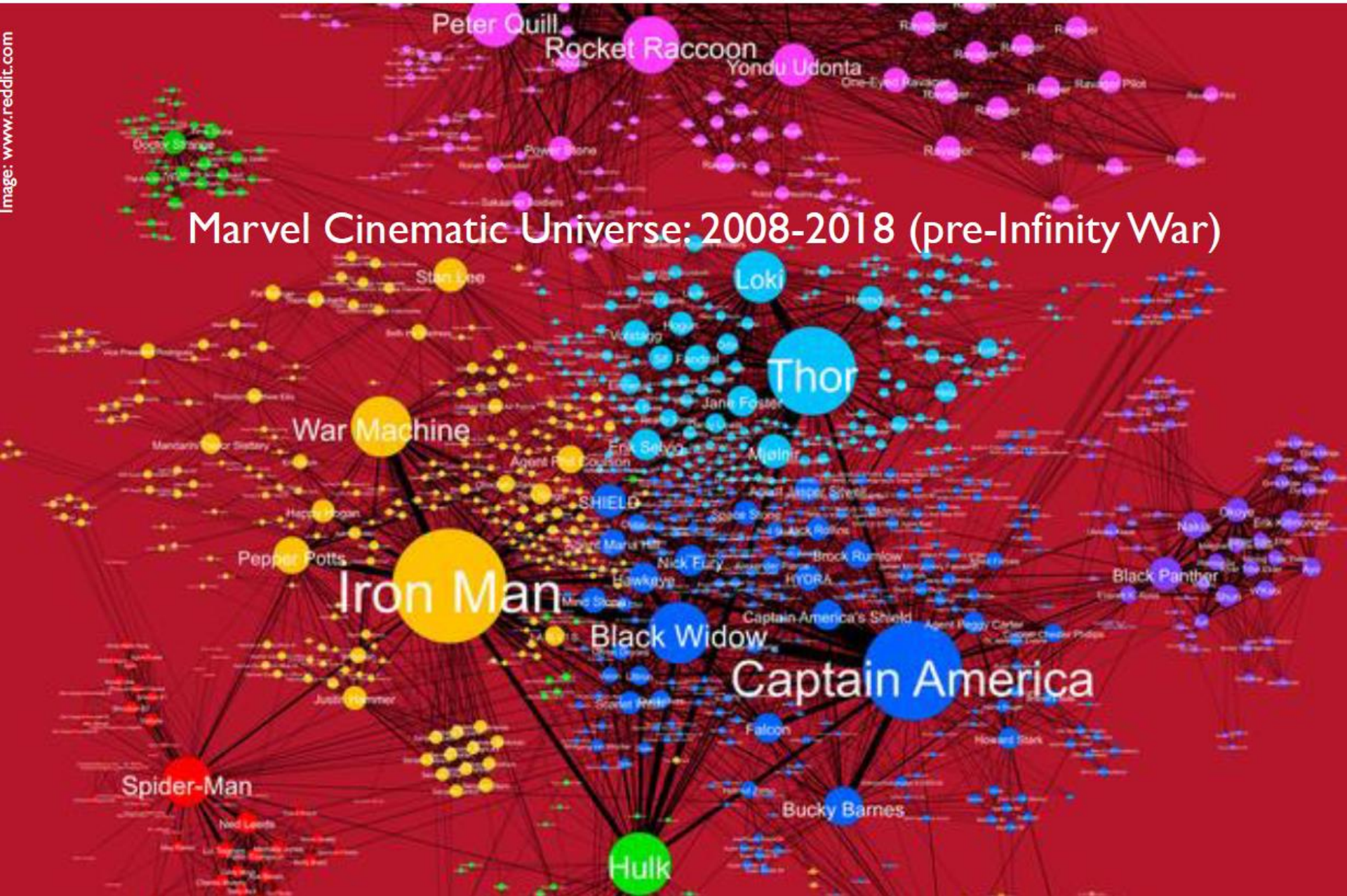


# Social Networks in Fictional World

Generally tend to be much simpler than those in reality, but there are exceptions!

Image: www.reddit.com

Marvel Cinematic Universe: 2008-2018 (pre-Infinity War)

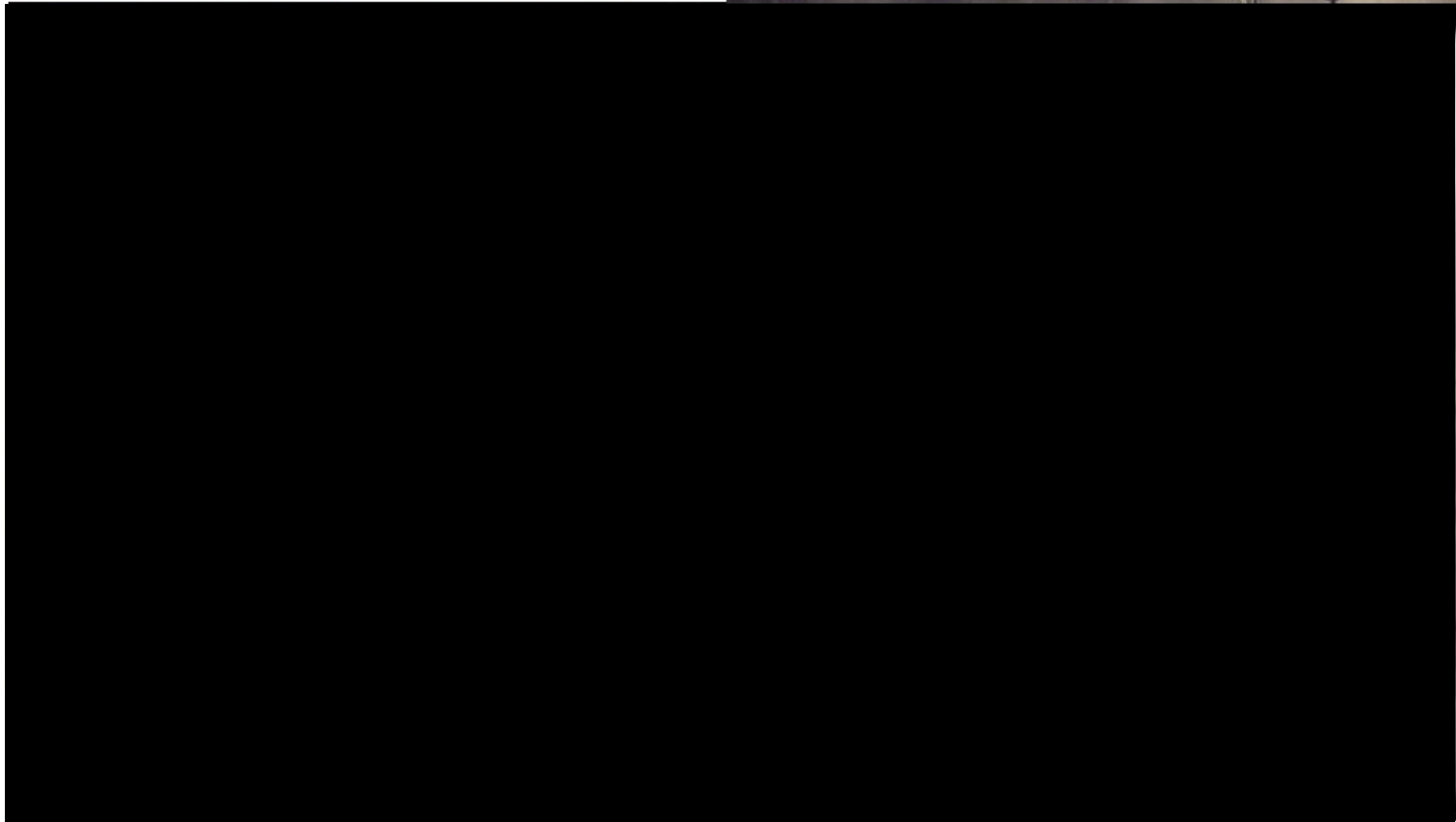


# Explaining the rise of the Medici

*Medici: Masters of Florence* trailer



Image: www.theflorentine.net



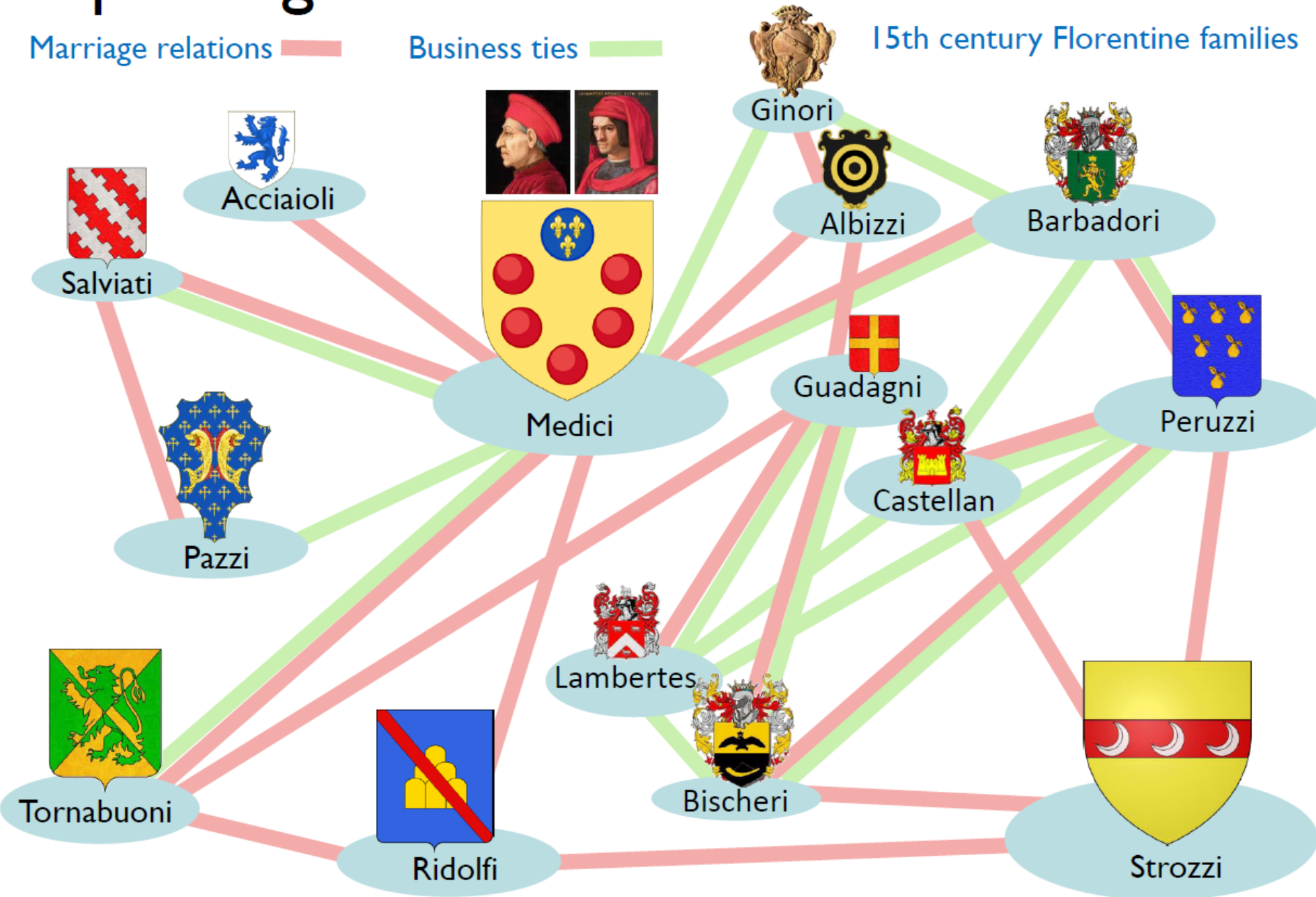
<https://www.youtube.com/watch?v=SFUWvceed5s>

# Explaining the rise of the Medici

Marriage relations 

Business ties 

15th century Florentine families



# Re-constructing networks

## Example: Macaque troupe social network

UAS-GKVK Campus, Bangalore

Data: Anindya Sinha (NIAS, B'lore)

Analysis: Raj K Pan & Sumithra Surendralal (IMSc)

The Bonnet Macaque (*Macaca radiata*) seen widely in southern India



Image: Arunkumar

Usually live in large (~ 40) multi-male, multi-female troops where the adult individuals (~ 10) develop strong affiliative relationships

Image: Ramki ([www.wildventures.com](http://www.wildventures.com))



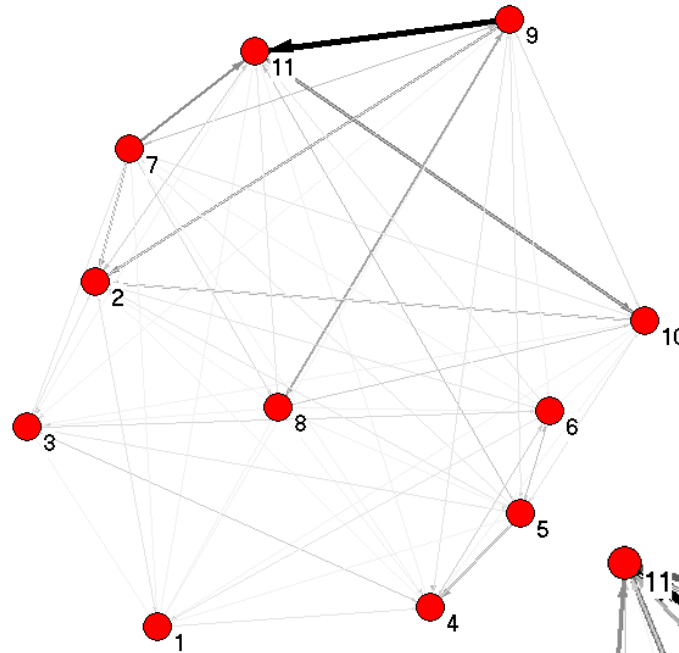
# Macaque Social Networks can be defined in terms of

- grooming frequency
- total grooming time
- approach frequency

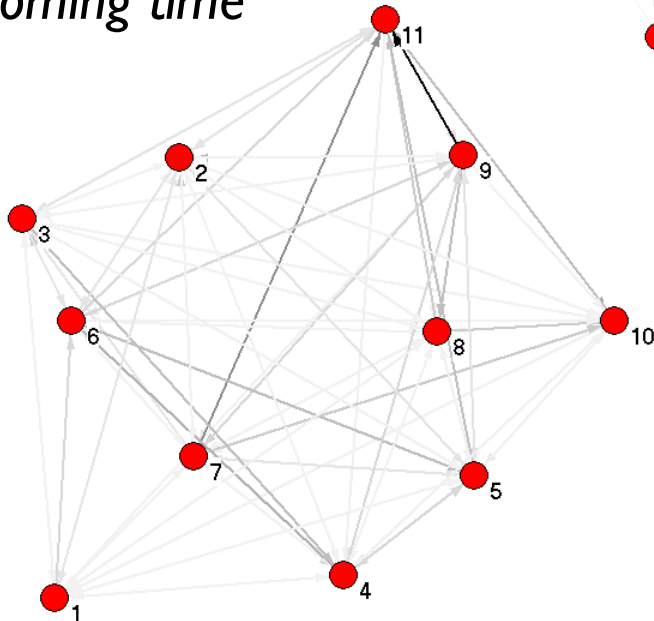
Numbers refer to rank among the adult females from 11 (most dominant) to 1 (least dominant)

Data: 1993-1997

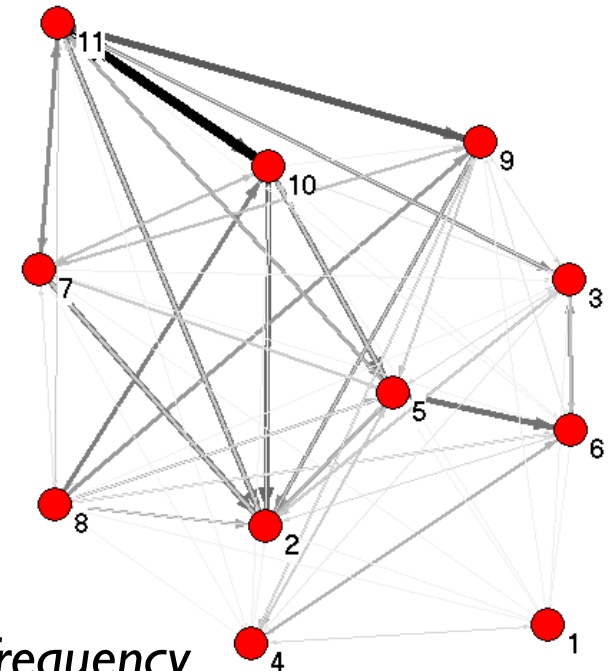
*grooming frequency*



*grooming time*



*approach frequency*



# Network analysis can predict group dynamics !

## Female bonnet macaques

- usually remain in the group throughout their life
- as adults, form strong linear matrilineal dominance hierarchies that are **stable** over time

## Male bonnet macaques

- as adults, form **unstable** dominance hierarchies
- occupy low ranks when young, high when mature and at peak of health

Community detection generates consistent partitions for females, not for males

Gender	Type	$Q$	N.comm	$Q_{random} \pm std$	Modules
Female	AG.Freq	0.1205	2	0.0812±0.0173	[1 3 4 5 6] [2 7 8 9 10 11]
	AG.Time	0.1397	2	0.0983±0.0209	[1 3 4 5 6] [2 7 8 9 10 11]
	AF	0.1095	2	0.0729±0.0197	[1 3 4 5 6] [2 7 8 9 10 11]
Male	AG.Freq	0.0852	2	0.1301±0.0247	[1 4 9 10 11 12] [2 3 5 6 7 8]
	AG.Time	0.1646	4	0.1369±0.0244	[1 2 4 6] [3 5 7] [8 9] [10 11 12]
	AF	0.2398	4	0.1426±0.0253	[1 3] [2 4] [5 8 9] [6 7 10 11 12]

**Predictive power:** Observation in 1998 showed the group had split into two (11,10,9,8,7,2) and (6,5,4,3) [I had died]

# And so that's how we planned the program

Schedule														
<b>Behaviour, Evolution &amp; Emergence 2026</b>														
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Time\Date	Jun-8	Jun-9	Jun-10	Jun-11	Jun-12	Jun-13	Jun-14	Jun-15	Jun-16	Jun-17	Jun-18	Jun-19	Jun-20	
10:00-11:00	Somdatta	Sitabhra	V Sasidevan	Sitabhra	S Menon			K Isvaran	S Saini	J Jhawar	V Torsekar	A Sinha	Student Talks	
11:00-11:30	TEA/COFFEE								TEA/COFFEE					
11:30-12:30	Sitabhra	Hareesh J	Sitabhra	S Menon	S Menon			V Guttal	S Saini	J Jhawar	A Bhat	M Jain	Student Talks	
12:30-1:30	S Zimik	S Zimik	Sitabhra	Hareesh J	Hareesh J			V Guttal	J Jhawar	A Bhat	M Jain	MK Pal	Student Talks	
1:30-2:30	LUNCH								LUNCH					
2:30-3:30	V Sasidevan	S Zimik	S Menon	S Sane	Hareesh J			S Saini	A Sumana	A Sumana	A Joshi	P Varuni	Student Talks	
3:30-4:00	TEA/COFFEE								TEA/COFFEE					
4:00-5:00	V Sasidevan	V Sasidevan	R Klages	P Varuni	A Amador			A Sharma	R Bhat	R Bhat	L Eigentler	A Joshi	Closing	
5:00-6:00	Mixer	Group projects	Group projects	Group projects	Group projects			Group projects	Group projects	Group projects	Group projects			
<b>Legend:</b>														
	Statistical Physics of Collective Phenomena				Evolutionary Games and Adaptive Dynamics									
	Crowds in Motion: Herding, Flocking, Swarming				Nonlinearity and Pattern Formation									
	Group Behaviour in Living Systems (Quorum-sensing)				Research talks									
	Complex Networks: Theory & Algorithms				Online talks									
	The Mathematics of Conflict & Cooperation				Other activities									