Integration and Polar Coordinates

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Abstract: A simple proof of the formula for the integration of radial functions on \mathbb{R}^N , $N \geq 2$, is given. As an application, the volume of the *N*-dimensional unit ball is computed.

1 Introduction

The method of substitution, also known as change of variables, is a useful tool in integration. One of the high points in a course on multivariate calculus is the change of variable formula which states that if $f = (f_1, f_2, \dots, f_N) : E \subset \mathbb{R}^N \to \mathbb{R}^N$ is a bijection which is smooth both ways, and if g is an integrable function on f(E), then

$$\int_{f(E)} g(x) \ dx = \int_E g(f(x)) |\det(f'(x))| \ dx$$

where $x = (x_1, x_2, \dots, x_N), f'(x)$ is the Jacobian matrix at x whose *ij*-th entry is given by

$$\frac{\partial f_i}{\partial x_j}(x)$$

and dx indicates that we are performing an N-dimensional volume integration, *i.e.*, we have an N-fold integral with respect to $dx_1 dx_2 \cdots dx_N$.

The most familiar application of this is the case of polar coordinates in the plane given by $x = r \cos \theta$ and $y = r \sin \theta$ and the integral

$$\int \int g(x,y) \, dxdy$$
$$\int \int \widetilde{g}(r,\theta) \, r dr d\theta$$

with appropriate limits of integration (here $g(x, y) = \tilde{g}(r, \theta)$). Similarly, in \mathbb{R}^3 , we have the spherical polar coordinates $x = r \sin \theta \cos \varphi$, $y = r \sin \theta \sin \varphi$, $z = r \cos \theta$ and the integral

$$\int \int \int g(x,y,z) \, dx dy dz$$

transforms as

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$$\int \int \int \widetilde{g}(r,\theta,\varphi) \ r^2 \sin\theta dr d\theta d\varphi,$$

again, with appropriate limits of integration, where $g(x, y, z) = \tilde{g}(r, \theta, \varphi)$.

Polar coordinates are particularly useful when the function to be integrated is a radial function, i.e. it depends only on

$$r = |x| = \left(\sum_{i=1}^{N} x_i^2\right)^{\frac{1}{2}}.$$

In such a case, the integral reduces to one involving just a single variable. For instance, if we are integrating over the entire space, the integral reduces to

$$2\pi \int_0^\infty \widetilde{g}(r)r \ dr$$

when N = 2 and to

$$4\pi \int_0^\infty \widetilde{g}(r) r^2 \, dr$$

when N = 3. The most familiar example of this is the evaluation of the Gaussian integral, ubiquitous in probability theory,

$$\int_{-\infty}^{\infty} e^{-x^2} dx.$$

If we set this as I, then,

$$I^{2} = \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} e^{-(x^{2}+y^{2})} dx dy = 2\pi \int_{0}^{\infty} e^{-r^{2}} r dr$$

which yields $I = \sqrt{\pi}$.

When the dimension exceeds three, it is difficult to explicitly write down the spherical coordinates and even if we succeed, the ensuing calculations involving the N-dimensional Jacobian will certainly be horrendous. We would like to have a simple formula, at least for the integration of radial functions, and this is what we will set out to establish in this article.

Looking at the cases N = 2 and N = 3, we observe that $2\pi r$ is the perimeter of the circle of radius r and $4\pi r^2$ is the surface area of the sphere of radius r in these respective dimensions and so we are tempted to conjecture that the integral of a radial function would transform as the integral with respect to r after multiplication by the (N - 1)-dimensional surface measure of the sphere of radius r in \mathbb{R}^N . Is this correct, and, if so, what is the surface measure of the sphere in \mathbb{R}^N ?

Let us denote by ω_N the volume of the unit ball in \mathbb{R}^N and by α_N , the (N-1)-dimensional surface measure of the unit sphere. The change of variables $x \mapsto x/R$ maps the ball of radius R onto the unit ball and the Jacobian turns out to be a scalar matrix and so we easily conclude that the volume of the ball of radius R is $\omega_N R^N$ from the change of variable formula mentioned at the beginning. What about the surface measure of the sphere of radius R? For this we have a very nice application of Gauss' divergence theorem: if $\Omega \subset \mathbb{R}^N$ is a domain, $\partial \Omega$ its boundary on which we have a welldefined outward unit normal ν , then for a smooth vector valued function $v: \Omega \to \mathbb{R}^N$, we have

$$\int_{\Omega} \operatorname{div}(v(x)) \, dx = \int_{\partial \Omega} v(x) . \nu(x) \, dS(x)$$

where the 'dot' denotes the usual scalar product in \mathbb{R}^N and dS(x) indicates that we are performing a surface integral with respect to the appropriate induced surface measure.

Setting v(x) = x, we get $\operatorname{div}(v(x)) = N$ and so the left-hand side just gives N times the volume of the domain. If Ω is the ball of radius R, then it is $N\omega_N R^N$. The unit outer normal at a point x on the boundary $\partial\Omega$ of the ball Ω of radius R and centre at the origin is just x/R and so $v(x).\nu(x)$ reduces to R and so the right-hand side is just R times the surface measure of $\partial\Omega$. Hence we conclude that the surface measure of the sphere of radius R is $N\omega_N R^{N-1}$, which when R = 1 yields

$$\alpha_N = N\omega_N$$

In the sequel, we will prove that the integral of a radial function $f(x) = \tilde{f}(r)$ over a region which is spherically symmetric about the origin is indeed given by

$$N\omega_N \int \widetilde{f}(r) r^{N-1} dr = \alpha_N \int \widetilde{f}(r) r^{N-1} dr$$

with appropriate limits of integration. We will also determine ω_N .

2 Integration of radial functions

Let Ω be the ball of radius R > 0 with centre at the origin. Consider a continuous real valued function, f, on the closed ball which is radial, *i.e.* $f(x) = \tilde{f}(|x|)$ where $\tilde{f} : [0, R] \to \mathbb{R}$ is a continuous function. Consider a partition

 $\mathcal{P}: 0 = r_0 < r_1 < r_2 < \cdots < r_n = R$

of the interval [0, R]. Let Ω_i , $1 \le i \le n$, denote the annular region

$$\{x \in \mathbb{R}^N \mid r_{i-1} \le |x| < r_i\}$$

so that $\Omega = \bigcup_{i=1}^{n} \Omega_i$. By the mean value theorem, there exists $\xi_i \in (r_{i-1}, r_i)$ such that

$$r_i^N - r_{i-1}^N = N\xi_i^{N-1}(r_i - r_{i-1}).$$

Choose $y_i \in \Omega_i$ such that $|y_i| = \xi_i$. Define

$$f_{\mathcal{P}}(x) = f(y_i), \ x \in \Omega_i, \ 1 \le i \le n.$$

Let

$$\mu(\mathcal{P}) = \max_{1 \le i \le n} (r_i - r_{i-1}).$$

If $x \in \Omega_i$, then

$$|f(x) - f_{\mathcal{P}}(x)| = |\widetilde{f}(|x|) - \widetilde{f}(|y_i|)| = |\widetilde{f}(|x|) - \widetilde{f}(\xi_i)|.$$

Since \tilde{f} is uniformly continious, given $\varepsilon > 0$, there exists $\delta > 0$ such that, for all $x \in \Omega$, we have

$$|f(x) - f_{\mathcal{P}}(x)| < \varepsilon$$

for all partitions \mathcal{P} such that $\mu(\mathcal{P}) < \delta$. Thus, $f_{\mathcal{P}}$ converges uniformly to f as $\mu(\mathcal{P}) \to 0$. Consequently,

$$\int_{\Omega} f_{\mathcal{P}}(x) \, dx \ \to \int_{\Omega} f(x) \, dx$$

as $\mu(\mathcal{P}) \to 0$. But since $f_{\mathcal{P}}$ is constant in each subdomain Ω_i and since the volume of Ω_i is given by $\omega_N(r_i^N - r_{i-1}^N)$, we get

$$\int_{\Omega} f_{\mathcal{P}}(x) \, dx = \sum_{i=1}^{n} \widetilde{f}(\xi_i) \omega_N (r_i^N - r_{i-1}^N) = \sum_{i=1}^{n} \widetilde{f}(\xi_i) \omega_N N \xi_i^{N-1} (r_i - r_{i-1})$$

and the last term converges, as $\mu(\mathcal{P}) \to 0$, to

$$\int_0^R N\omega_N \widetilde{f}(r) r^{N-1} dr.$$

Thus, we have shown that if f is a continuous and radial function (*i.e.* $f(x) = \tilde{f}(|x|)$) on the closed ball of radius R, centered at the origin, then

$$\int_{\Omega} f(x) \, dx = N \omega_N \int_0^R \widetilde{f}(r) r^{N-1} \, dr.$$

By passing to the limit as $R \to \infty$, it is now a simple exercise to see that if f is a continuous and improperly Riemann integrable function on \mathbb{R}^N which is radial, then

$$\int_{\mathbb{R}^N} f(x) \, dx = N \omega_N \int_0^\infty \widetilde{f}(r) r^{N-1} \, dr.$$

3 Volume of the unit ball

Let us now apply the preceding result to the function

$$f(x) = e^{-\sum_{i=1}^{N} x_i^2} = e^{-r^2}.$$

On one hand (see Section 1),

$$\int_{\mathbb{R}^N} f(x) \, dx = \prod_{i=1}^N \int_{-\infty}^{\infty} e^{-x_i^2} \, dx_i = \pi^{\frac{N}{2}}.$$

On the other hand, using polar coordinates,

$$\int_{\mathbb{R}^N} f(x) \, dx = N \omega_N \int_0^\infty e^{-r^2} r^{N-1} \, dr.$$

Setting $r^2 = s$, we get

$$\int_0^\infty e^{-r^2} r^{N-1} dr = \frac{1}{2} \int_0^\infty e^{-s} s^{\frac{N}{2}-1} ds = \frac{1}{2} \Gamma\left(\frac{N}{2}\right)$$

where Γ denotes the usual Gamma function defined by

$$\Gamma(t) = \int_0^\infty e^{-s} s^{t-1} \, ds, \ t > 0.$$

By a simple integration by parts, we see that

$$\Gamma(t+1) = t\Gamma(t), \ t > 0 \tag{1}$$

and so we deduce from the above computations that

$$\omega_N = \frac{\pi^{\frac{N}{2}}}{\frac{N}{2}\Gamma(\frac{N}{2})} = \frac{\pi^{\frac{N}{2}}}{\Gamma(\frac{N}{2}+1)}.$$

When t = 1/2, the integral defining the Gamma function reduces to the Gaussian integral mentioned at the beginning of this article and we have

$$\Gamma\left(\frac{1}{2}\right) = \sqrt{\pi}.$$

By repeated use of (1) we see that for any positive integer n, $\Gamma(n+1) = n!$. Thus we can compute $\Gamma(\frac{N}{2}+1)$ by appealing to these facts and repeatedly using (1).

Examples

$$\omega_2 = \frac{\pi}{\Gamma(2)} = \pi.$$
$$\omega_3 = \frac{\pi^{\frac{3}{2}}}{\Gamma(\frac{3}{2}+1)}.$$

Now,

$$\Gamma\left(\frac{3}{2}+1\right) = \frac{3}{2}\Gamma\left(\frac{3}{2}\right) = \frac{3}{2}\frac{1}{2}\Gamma\left(\frac{1}{2}\right) = \frac{3}{4}\sqrt{\pi}.$$

Thus,

$$\omega_3 = \frac{4}{3}\pi$$

In the same way we can show that

$$\omega_4 = \frac{\pi^2}{2}, \ \omega_5 = \frac{8\pi^2}{15}$$

and so on.

4 Concluding remarks

The integration formula for continuous radial functions that was proved in this article is a very special case of a deep result in measure theory called the **coarea formula**. It states that if $u : \mathbb{R}^N \to \mathbb{R}$ is a Lipschitz continuous function and is such that for almost every $r \in \mathbb{R}$, the *level set*

$$\{u=r\} \stackrel{\text{def}}{=} \{x \in \mathbb{R}^N \mid u(x)=r\}$$

is a smooth (N-1)-dimensional hypersurface in \mathbb{R}^N , and if $f : \mathbb{R}^N \to \mathbb{R}$ is a continuous and integrable function, then

$$\int_{\mathbb{R}^N} f(x) |Du(x)| \ dx = \int_{-\infty}^{\infty} \left(\int_{\{u=r\}} f(x) \ dS(x) \right) \ dr.$$

(By another deep theorem of Radamacher, Lipschitz continuous functions are differentiable almost everywhere and Du denotes the gradient vector of u.) In particular, choosing u(x) = |x|, we get the polar coordinate formula

$$\int_{\mathbb{R}^N} f(x) \, dx = \int_0^\infty \left(\int_{\{|x|=r\}} f(x) \, dS(x) \right) \, dr$$

If f is radial, then, following our usual notation, the inner integral just becomes $\tilde{f}(r)$ times the surface measure of the sphere of radius r which gives $N\omega_N r^{N-1}\tilde{f}(r)$. For a detailed treatment of the coarea (pronounced co-area) formula, the reader is referred to the treatise 'Measure Theory and Fine Properties of Functions' by L. C. Evans and R. F. Gariepy (CRC Press, 1992).

Finally, we can also derive a recursive relation for the volume of the unit ball. Indeed, we can slice up the N-dimensional hemisphere by sections parallel to the base. Then at height t, 0 < t < 1, we get an infinitesimal 'cylinder' with 'base' an (N-1)-dimensional ball of radius $\sqrt{1-t^2}$ and of 'height' dt. Thus,

$$\omega_N = 2 \int_0^1 \omega_{N-1} (1-t^2)^{\frac{N-1}{2}} dt = 2\omega_{N-1} \int_0^{\frac{\pi}{2}} \cos^N \theta \ d\theta.$$

Recall that

$$\int_0^{\frac{\pi}{2}} \cos^N \theta \ d\theta = \begin{cases} \frac{N-1}{N} \frac{N-3}{N-2} \cdots \frac{1}{2} \frac{\pi}{2}, & \text{if } N \text{ is even} \\ \\ \frac{N-1}{N} \frac{N-3}{N-2} \cdots \frac{2}{3}, & \text{if } N \text{ is odd.} \end{cases}$$

The reader is referred to an article by K. B. Athreya (cf. *Resonance*, April 2008) where this idea is developed and the asymptotic behaviour of ω_N , as $N \to \infty$ is examined.